



October 29, 2024

To,

BSE Limited 20th Floor, P. J. Towers, Dalal Street, Mumbai – 400 001. (Scrip Code: 539528; Scrip Id: AAYUSH)	Metropolitan Stock Exchange of India Limited, Vibgyor Towers, 4th floor, Plot No C 62, G - Block, Opp. Trident Hotel, Bandra Kurla Complex, Bandra (E), Mumbai – 400 098. (Symbol – AAYUSH, Series – EQ)
--	--

Dear Sir/Madam,

Reference : Outcome of the Board Meeting held on Tuesday, October 29, 2024.

Subject : Schedule of Postal Ballot to be held for members approval.

The Board of Directors at their meeting held on 29th October 2024 have considered and approved Increased in Authorised share capital and issue of Bonus Equity shares to the eligible shareholders of the Company.

Pursuant to Regulation 30 read with Schedule III of the Securities and Exchange Board of India (Listing Obligations and Disclosure Requirements) Regulations, 2015 (“SEBI Listing Regulations”), we are submitting herewith schedule of postal ballot to be conducted for the approval of members on aforesaid business matters.

1. Submission of Calendar of Event for the proposed Postal Ballot is enclosed herewith as **Annexure – 1**.
2. The cut-off date for the purpose of e-voting is **25th October 2024**.
3. E-voting shall **commence from 02nd November 2024 and concludes on 01st December 2024**.

You are requested to take the above cited information on your records.

Thanking You,

For Aayush Wellness Limited
(Formerly known as Aayush Food and Herbs Limited)

Naveenakumar Kunjaru
Managing Director
DIN: 07087891

AAYUSH WELLNESS LIMITED
(Formerly known as Aayush Food and Herbs Limited)

CIN: L01122DL1984PLC018307

Registered Office: 55, 2nd Floor, Lane 2, Westend Marg, Saidullajab, Near Saket Metro Station, New Delhi, Delhi 110030

Contact No: +91 8448693031 **Email:** cs@aayushwellness.com **Website:** www.aayushwellness.com



Annexure – 1: Calendar of Event for the proposed Postal Ballot

Sr. No.	Particulars	Date
1.	Outcome of BM	29 th October 2024
2.	Date of appointment of scrutinizer	29 th October 2024
3.	Specified date for determining shareholders to whom the Postal Ballot Notice is to be sent	25 th October 2024
4.	Date of completion of dispatch of Postal Ballot Notice	30 th October 2024
5.	Date of publishing Newspaper Advertisement	31 st October 2024
6.	Date of commencement of E-voting & postal ballot forms	02 nd November 2024
7.	Last Date of E-voting & receipt of postal ballot forms	01 st December 2024
8.	Date on which the Resolution will be deemed to be passed	01 st December 2024
9.	Date of submission of report by the Scrutinizer	03 rd December 2024
10.	Date of Declaration of Result by the Chairman	03 rd December 2024

AAYUSH WELLNESS LIMITED
(Formerly known as Aayush Food and Herbs Limited)

CIN: L01122DL1984PLC018307

Registered Office: 55, 2nd Floor, Lane 2, Westend Marg, Saidullajab, Near Saket Metro Station, New Delhi, Delhi 110030

Contact No: +91 8448693031 **Email:** cs@aayushwellness.com **Website:** www.aayushwellness.com