



June 25, 2024

To,

The Chief General Manager

Listing Operation,

BSE Limited,

20th Floor, P. J. Towers,

Dalal Street, Mumbai – 400 001.

(Scrip Code: 539528; Scrip Id: AAYUSH)

The Listing Department

Metropolitan Stock Exchange of India Limited,

Vibgyor Towers, 4th floor, Plot No C 62, G - Block,

Opp. Trident Hotel, Bandra Kurla Complex,

Bandra (E), Mumbai – 400 098

(Symbol: AAYUSH, Series: EQ)

Dear Sir/Madam,

Subject: Closure of Trading Window for the Quarter ending on June 30, 2024.

Kindly be informed that according to the Company's Code of Conduct for Prohibition of Insider Trading and also pursuant to the SEBI (Prohibition of Insider Trading) Regulations, 2015, the "Trading Window" for trading in the securities of the Company for all the Directors, Key Management Personnel, Designated Persons and their immediate relatives will be closed from July 01, 2024.

The trading window will reopen 48 hours after the declaration of Un-audited Financial Results for the quarter ending on June 30, 2024.

The date of the Board Meeting for the Consideration Un-audited Financial Results of the Company for the quarter ending on June 30, 2024 shall be intimated separately in due course of time.

You are requested to take the same on your records.

Thanking You,

For Aayush Wellness Limited

(Formerly known as Aayush Food and Herbs Limited)

Naveenakumar Kunjaru

Managing Director

DIN: 07087891

AAYUSH WELLNESS LIMITED

(Formerly known as Aayush Food and Herbs Limited)

CIN: L01122DL1984PLC018307

Registered Office: 55, 2nd Floor, Lane 2, Westend Marg, Saidullajab, Near Saket Metro Station, New Delhi, Delhi 110030

Contact No: +91 8448693031 **Email:** cs@aayushwellness.com **Website:** www.aayushwellness.com