

**HANMAN FIT LIMITED**

(Formerly Known as POWERHOUSE GYM & WELLNESS LIMITED)  
702 CONCORD CHS LTD.,JVPD SCHEME PLOT NO.1,N.S.ROAD VILE PARLE [W]  
MUMBAI,MH 400056 IN  
CIN: L85190MH2013PLC240311, Website: www.hanman.fit,  
Email Id:hanmancs27@gmail.com

Date: 09.11.2022

To,  
**BSE Limited,**  
The Manager - CRD  
Phiroze Jeejeebhoy Towers,  
Dalal Street,  
Mumbai - 400001.

Dear Sir,

**Scrip Code: 538731**

**Subject: Board Meeting Intimation**

Pursuant to Regulation 29, 30 and 33 of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 (Listing Regulations), we wish to inform you that the Board of Directors of the Company shall meet on Saturday, 15<sup>th</sup> November, 2022 to discuss the Following Matters:

1. To Approve half yearly Financial Statements of the Company along with the Limited Review Report for the Half year ended on 30.09.2022
2. To Appoint Internal Auditor of the Company
3. Any other matter with the permission of the Chair.

Further, Please note Trading window shall be closed from this date till 48 hours of uploading the Financial Statements.

This is for your information and records.

Thanking you,

Yours faithfully,

**On behalf of Hanman Fit Limited**



**Mr. Akshat Gupta**  
**Managing Director**  
**DIN: 02265121**