



October 24, 2024

To.

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BSE Limited,	Metropolitan Stock Exchange of India Limited,
20 th Floor, P. J. Towers,	Vibgyor Towers, 4th floor, Plot No C 62, G - Block,
Dalal Street,	Opp. Trident Hotel, Bandra Kurla Complex, Bandra (E),
Mumbai – 400 001.	Mumbai – 400 098
(Scrip Code: 539528; Scrip Id: AAYUSH)	(Symbol – AAYUSH, Series – EQ)

Dear Sir/Madam,

Ref: Regulation 29 of the SEBI (LODR) Regulations, 2015.

Sub: Prior Intimation of the Board Meeting for considering Bonus Issue and Fund Raising.

Board Meeting scheduled on October 29, 2024.

This is to inform to the exchange that the Meeting of the Board of Directors of Aayush Wellness Limited ("the Company") is scheduled to be held on October 29,2024 to consider and approve the following matters:

- Issue of Bonus Equity Shares to eligible shareholders of the Company by capitalisation of Reserves.
- Fund raising by issue of Equity Shares, Convertible Securities or any other securities through Rights Issue, Private Placement and/or Qualified Institutional Placement, for financing business Expansion, Diversification, Fund Business Acquisitions and/or other requirements of the Company.
- To increase the Authorised Share Capital of the Company to accommodate the Bonus Issue and fundraising.
- Any other agenda with permission of the Chairman.

Further, we would like to inform you that as per the 'Code of Conduct for Prevention of Insider Trading' pursuant to the SEBI (Prohibition of Insider Trading) Regulations, 2015, the Company had intimated its 'Designated Persons' that 'Trading Window' would remain closed from today till the expiry of 48 hours from the date of board meeting.

You are requested to take the above cited information on your records.

Thanking You,

For Aayush Wellness Limited

(Formerly known as Aayush Food and Herbs Limited)

Naveenakumar Kunjaru Managing Director DIN: 07087891

AAYUSH WELLNESS LIMITED

(Formerly known as Aayush Food and Herbs Limited)

CIN: L01122DL1984PLC018307