



July 18, 2024

To

The BSE Limited
Phiroze Jeejeebhoy Towers
Dalal Street, Mumbai-400001
Scrip Code: 540203

The National Stock Exchange India Limited
Exchange Plaza, Bandra Kurla Complex
Bandra(E), Mumbai-400051
NSE Symbol: SFL

Subject: Certificate in terms of Regulation 74(5) of the Securities and Exchange Board of India (Depositories and Participants) Regulations, 2018 (“said regulations”) on behalf of Company for the quarter ended June 30, 2024

Dear Sir/Madam

In reference to the above captioned subject, the certificate issued by the Registrar and Share Transfer Agent of the Company viz. Link Intime India Private Limited, in terms of the provisions of the said regulations, for the quarter ended June 30, 2024, is enclosed herewith for your records.

This is for your information and record.

Thanking you,

Yours truly,
For Sheela Foam Limited

(Md. Iquebal Ahmad)
Company Secretary & Compliance Officer

SHEELA FOAM LTD.

#14, Sleepwell Tower , Sector 135, Noida- 201301
Ph: Int-91(0)-120-4868400 •Email: contactus@sheelafoam.com
Regd. Office: 1002 to 1006 The Avenue International Airport Road, Opp Hotel Leela Sahar,
Andheri East, Mumbai, Maharashtra, India, 400069 • Ph: Int-91(0)-22-28265686/88/89
Toll Free: 1800 103 6664 • www.sleepwellproducts.com • www.sheelafoam.com
CIN- L74899MH1971PLC427835

Date: 05.07.2024

**The Company Secretary
M/s Sheela Foam Limited
604, Ashadeep
9 Hailey Road
New Delhi - 110001**

Subject: Confirmation Certificate in the matter of Regulation 74(5) of Securities and Exchange Board of India (Depositories and Participants) Regulations, 2018.


Dear Sir,

We hereby confirm that during the quarter ended 30th June, 2024 we have not received any demat request for processing.

We request you to kindly take note of the above in your records.

Thanking You,

Yours faithfully,
For Link Intime India Pvt. Ltd


**Bharat Bhushan
Assistant Vice President**