



Registered Office : 61,  
SEMBUDOSS STREET,  
CHENNAI, TAMIL NADU,  
INDIA, 600001

Corporate Office: TF 304  
ABHUSHAN COMPLEX MAHADEV  
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Date: 13.08.2024

To,  
BSE Limited  
Phiroze Jeejeebhoy Tower,  
Dalal Street,  
Mumbai – 400 001  
Dear Sir/ Madam,

Scrip Code: PRADHIN | 530095 | INE656B01019

**Sub.: Newspaper publication of Financial Results under Regulation 47 of the Securities and Exchange Board of India (Listing Obligations and Disclosure Requirements) Regulations, 2015.**

With reference to the captioned subject, we would like to inform you that in accordance with Regulation 47 of the Securities and Exchange Board of India (Listing Obligations and Disclosure Requirements) Regulations, 2015, the Company has published its unaudited Financial Results for the quarter ended 30<sup>th</sup> June, 2024 in all editions of Trinity Mirror (English) and Makkal Kural (Chennai) Newspapers on 15<sup>th</sup> August, 2024.

Please kindly take into your records.

Thanking You,

Yours faithfully

**For, Pradhin Limited**

**Jay Mansukhbhai Sapariya**  
**Director**  
**DIN: 10683245**



# Health Matters

## Routine lab tests not reliable for COVID diagnosis

A National Institutes of Health (NIH)-supported study has found that routine lab tests may not be useful in making a long COVID diagnosis for people who have symptoms of the condition. The study highlights how challenging it can be to identify and diagnose a novel illness such as long COVID.

“Our challenge is to discover biomarkers that can help us quickly and accurately diagnose long COVID to ensure people struggling with this disease receive the most appropriate care as soon as possible,” said David Goff, MD, PhD, director for the Division of Cardiovascular Sciences at the NIH’s National Heart, Lung, and Blood Institute. “Long COVID symptoms can prevent someone from returning to work or school, and may even make everyday tasks a burden, so the ability for rapid diagnosis is key.”

Long COVID encompasses a wide spectrum of symptoms and health conditions that persist for months or years after infection from SARS-CoV-2, the virus that causes COVID-19. No validated clinical biomarkers of long COVID have been found to date, so diagnosing the condition currently requires gathering a detailed medical history and having patients take a physical exam to understand their symptoms, as well as getting laboratory work to rule out other causes.

The researchers conducted the study to determine whether a SARS-CoV-2 infection led to changes in biomarkers, such as platelet counts or protein in the urine, in individuals with a prior SARS-CoV-2 infection, compared to those without prior infection.

More than 10,000 adults -- part of the RECOVER Adult Cohort -- were recruited at 83 enrolling sites across the U.S. between October 2021 and October 2023. The cohort is demographically diverse, and participants came from a range of geographic locations. Among the 8,746 who had a prior SARS-CoV-2 infection, many had different variants, while 1,348 had never been infected.

The RECOVER Adult Cohort includes both individuals with and without prior SARS-CoV-2 infection and individuals with



and without long COVID. Nearly 19% of the study population were identified as having long COVID.

Study participants completed a baseline set of surveys, a physical examination, and 25 standard laboratory blood and urine tests. Participants were then followed throughout the two-year study period, taking surveys every three months and lab tests at six-, 12-, 24-, 36-, and 48-month intervals. The lab tests included a complete blood count panel, metabolic panel, hemoglobin A1c (HbA1c), urinalysis, and urine albumin to creatinine ratio (uACR), among others.

According to the researchers, the lab tests detected markedly few differences in biomarkers between those with prior infection and those without. However, the team did find that prior infection was associated with modest increases in HbA1c, a measure of average blood sugar levels over two to three months, though those increases disappeared after researchers excluded people with pre-existing diabetes.

The researchers also noted slightly elevated increases in uACR, a measure of low kidney function, in participants with previous infection, but those were only seen in a minority of people in that group and may have resulted from severity of the initial infection.

In a secondary analysis, the researchers looked solely at the individuals in the infected group to determine the differences between those who developed long COVID versus those who did not. They used a previously described long COVID index, which identified 12 symptoms that best identified people with long COVID. Among participants with prior infection, the study found no meaningful differences in lab test results between the two groups.

“Future work will use RECOVER’s biobank of cohort samples such as blood and spinal fluid, to develop more novel laboratory-based tests that help us better understand the pathophysiology of long COVID,” said Kristine Erlandson, M.D., professor of medicine-infectious disease at the University of Colorado Anschutz Medical Campus, Aurora.

## Impact of Physical Activity on Children’s Mental Health

Exercise plays a significant role in child development that transcends physical well-being and also affects mental health. Sustained exercise benefits children’s mental health in many ways and provides a safe and efficient method of improving moods, lessening anxiety, and improving cognition.

Emotional Well-being Physical activity produces endorphins, classified as “feel-good hormones” since they lead to a good mood. These chemicals work as natural antidepressants which aid in the reduction of stress and anxiety. Running, playing sports, or even dancing can positively influence the mood and emotional status of children who manage to engage in such activities frequently.

Reducing the Risk of Mental Health Issues Physical Activity offers unique trajectories for reducing stress in children. Due to the structured and repetitive movements incorporated in most activities such as

swimming or cycling, the exercises can be quite soothing. This can be advantageous, especially for young people going through academic strain and social issues as it helps manage the normal stress.

Cognitive Development Physical activity is crucial for brain health and academic performance, with numerous studies confirming its positive impact on concentration, memory, and classroom behaviour. It positively impacts the brain and increases blood circulation to the brain thus providing vital nutrients to the brain cells and also encouraging the development of new neural pathways. This can lead to better problem-solving skills, higher creativity and skills, and improvements in overall academic performance.

Social Skills and Interpersonal Relationships Physical activities are mostly accompanied by joint efforts, be it a team sport, playground games, or any activity that involves different people.

These interactions enrich the child’s social growth as they learn about interacting with other kids. For example in group projects, ways of communicating, and the ability to feel for others. Group participation can also influence feelings of acceptance and inclusion, which are fundamental aspects concerning the growth of the individual’s emotional health.

Conclusion As a contributive mechanism, physical activity forms the basis of a healthier childhood and supports the child’s mental health, including his emotional health, cognitive skills, and social competence. It also acts as a protective factor in preventing mental ill-health. Furthermore, physical activity also prepares children to be mentally and emotionally fit to face future challenges.

**Dr. Palpandi,** Clinical Lead & Senior Consultant Pediatrics Critical Care, Apollo Cradle & Children’s Hospital, Karapakkam, Chennai

## App to stop scrolling negative news

Do you find yourself on the internet and social media and want to stop? Well, there’s now an app consuming negative news for that.

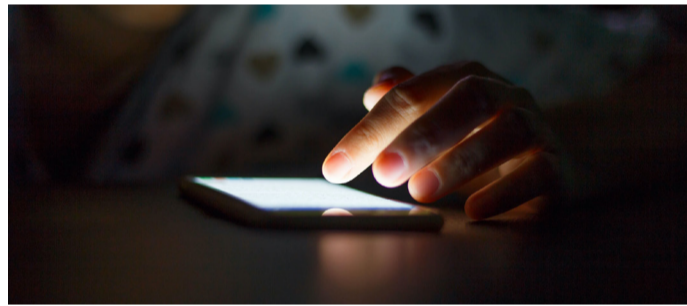
Researchers from the University of Waterloo have created Mindful Scroll, a mobile app that helps users transition from doom-scrolling to adding mindfulness into their daily routines. In Mindful Scroll, users fill in endlessly scrolling patterns of geometric shapes using predetermined, soothing colour palettes.

During a study that tested the app, participants found it reduced their anxiety and increased their mindfulness.

“So many of us struggle with endlessly, mindlessly scrolling using social media apps like TikTok, Instagram, and Twitter,” said Saralin Zassman, first author of the study and a recent Computer Science master’s graduate who now works with media artist Rafael Lozano-Hemmer.

“Mindful Scroll unites art and computer science to help turn that scrolling into something healthier.”

The researchers drew on



existing research into the effects of adult colouring books and other creative exercises to create an easily accessible mindfulness tool.

Unlike a colouring book, however, the app’s patterns appear and then disappear soon after being coloured, prompting users to focus on their current actions instead of a larger pattern or accomplishment.

The team also coded the app’s brush to grow smaller if users attempt to colour quickly, encouraging them to slow down and be present.

They conducted a test of the

app where 28 participants used the app for 10 minutes a day over a five-day period.

All study participants reported that they would use the app again and felt more mindful and less anxious after using it.

“It’s hard for people to build good mindfulness habits without ease and consistency,” said Daniel Vogel, a Computer Science professor specializing in human-computer interaction. “This technology makes mindfulness easier to practice, helping to turn a negative behaviour like doom-scrolling into a positive one.”

### Kotak Mahindra Bank Limited

Registered Office: 27BKC, C-27, G-Block, Bandra Kurla Complex, Bandra (E), Mumbai-400051  
Branch Office: #185, 2nd Floor, Mount Road, Anna Salai, Chennai 600 006

Whereas, The Undersigned Being The Authorized Officer Of Kotak Mahindra Bank Ltd., Under The Securitisation And Reconstruction Of Financial Assets And Enforcement Of Security Interest Act, 2002 (54 Of 2002) And In Exercise Of Powers Conferred Under Section 13(1) Read With Rule 3 Of The Security Interest (Enforcement) Rules 2002 Issued Demand Notices To The Borrowers As Detailed Hereunder, Calling Upon The Respective Borrowers To Repay The Amount Mentioned In The Said Notices With All Costs, Charges And Expenses Till Actual Date Of Payment Within 60 Days From The Date Of Receipt Of The Same. The Said Borrower(S)/ Co Borrower(S) Having Failed To Repay The Amount, Notice Is Hereby Given To The Borrower/ Co Borrowers And The Public In General That The Undersigned Has Taken Possession Of The Property Described Hereunder In Exercise Of Powers Conferred On Him Under Section 13(4) Of The Said Act/R/W Rule 3 Of The Said Rules On The Dates Mentioned Along-With The Borrowers In Particular And Public In General And Hereby Cautioned Not To Deal With The Properties And Any Dealings With The Properties Will Be Subject To The Charge Of Kotak Mahindra Bank Ltd., For The Amount Specified Therein With Future Interest, Costs And Charges From The Respective Dates. The Borrowers Attention Is Invited To Provisions Of Sub Section (8) Of Section 13 Of The Act, In Respect Of Time Available To Redeem The Secured Assets. Details Of The Borrowers, Scheduled Property, Outstanding Dues, Demand Notices Sent Under Section 13(2) And Amounts Claimed There Under, Date Of Possession Is Given Herein Below:

Name And Address Of The Borrower, Co-Borrower/ Loan Account No., Loan Amount	Details Of The Property	1. Date Of Possession	2. Type Of Possession
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**Mr. Rajan S/O Mr. Sundaram At:** Property: 1. All That Piece And Parcel Of The Land Measuring 3208/7 Sq.Ft. Composed In S.No. 286/4, 296/3 (part), 296/7 (part), 299/3 (part), 299/1, 296/6, 296/8A (part), 296/8B (part), 265/1B (part), 296/1 (part), 262/2, 264, 360/2 (part), 301/5 (part), 260/4B1, 262/1, 297, 298, 260/4A and 260/4B2, 263/2A & 263/2B situated in Perumbakkam Village, Sholinganallur Taluk, Kancheepuram District together with Unit No.M-202, 2nd Floor, built up area measuring 631 Sq.Ft., Mist. Urbantree Oxygen and the land bounded on the North by: survey No. 258, 262/3, 260/3A, 260/2, 261, 265/1A1A, 265/1A1B, 265/1A1C, 265/1A3B, 265/5 South by: Survey No. 301/1A1B1, 301/1A1B2, Road, 300, 299/5, East by: Survey No. 260/2, 261, 265/1A1A, 265/2, 296/2, 301/6 Survey Nos. 258, 256, 360/1, West by: Survey No. 258, 256, 360/1, 263/1, 262/3, Within the Sub-Registration District of Selaiyur and Registration District of Chennai South.

**Mr. V. Surendra Kumar S/O Mr. A. Vasudevan At:** No.7354, Pillayar Koil Street, Gandhi Nagar, Medavakkam, Chennai- 600108

**Mrs. S. Jayalakshmi W/O Mr. Surendra Kumar & Mr. V. Surendra Kumar S/O Mr. A. Vasudevan At:** No.87, V.R.Pillai Street, Triplicane, Chennai, Tamil Nadu - 600005

**Loan Account Number:** HCU/CHC/03/17/369222

**Loan Amount:** Rs. 25,75,51,671/- (Rupees Twenty Six Lakh Seventy Eight Thousand Five Hundred Seventeen Only).

**Mr. Rajasekar Pillai.K. I/4 Navins Jayaram Garden, River View Road, Chennai, Tamil Nadu. Also at: Mr. Rajasekar Pillai.K. Plot No.4A, Darshan Gayathri, Siruseri, Thirupur Taluk, Kancheepuram District, Chennai, Tamil Nadu-600130. Plot No.5A, Darshan Gayathri, Siruseri Village, Thirupur Taluk, Kancheepuram District, Chennai, Tamil Nadu-600130. & Mrs. Shobana.J At: I/4 Navins Jayaram Garden, River View Road, Chennai, Tamil Nadu-600130.**

**Loan Account Number:** HCU/OMR/06/18/543948

**Loan Amount:** Rs. 1,16,00,000/- (Rupees One Crore Sixteen Lakhs Only).

square feet building thereon, and situated within the sub registration district of thirupur and registration district of kancheepuram. **ITEM NO. 2.** All That Piece And Parcel Of The Plot No.5-A, Measuring 721 Square Feet Situated In Darshan Gayathri, Siruseri, Chennai, Comprised In Old S.No.37/2B, New S.No.37/2a, Of Siruseri Village, Thirupur Taluk, Kancheepuram District, And The Lands Bounded On The North By: Park, South By: Shop Site In S.No.37/2a, East By: Plot No.4b In S.No.37/2a, West By: 30 Feet Road, Measuring, East To West On The Northern Side: 23 Feet, East To West On The Southern Side: 23 Feet North To South On The Eastern Side: 31.4 Feet, North To South On The Eastern Side: 31.4 Feet, Together With The Villa No.3, Built Up Area Of 1545 Square Feet Building Thereon, And Situated Within The Sub Registration District Of Thirupur And Registration District Of Kancheepuram. **Owner Of The Property:** Mr. J.shobana W/O Mr. Rajasekar Pillai K

For any query please Contact For any query please Contact Mr. Velmurugan Kathivelu (Mobile No. +919884718338) & Syam Nabarsi (Mobile No. + 91967728418) & Mr. Suriya Periyasamy (Mobile No. +919600222111) Authorized Officer Date: 15.08.2024, Place : Chennai For Kotak Mahindra Bank Ltd.,

### U GRO CAPITAL LIMITED

4th Floor, Tower 3, Equinox Business Park, LBS Road, Kurla, Mumbai 400070

Under The Provisions Of The Securitisation And Reconstruction Of Financial Assets And Enforcement Of Security Interest Act, 2002 ("The Act") And The Security Interest (Enforcement) Rules, 2002 ("The Rules") The Undersigned being the authorised officer of U GRO Capital Limited and Poonawala Fincorp Limited under the Act and in exercise of the powers conferred under Section 13(2) of the Act, read with the Rule 3, issued Demand Notice(s) under Section 13(2) of the Act, calling upon the following borrower(s) to repay the amount mentioned in the respective notice(s) within 60 days from the date of receipt of the said notice. The undersigned reasonably believes that the borrower(s) are avoiding the service of the demand notice(s), therefore the service of the demand notice is being effected by affixation and publication as per the Rules. The contents of the demand notice(s) are extracted herein below:

Name of the Borrower(s) & LAN	Demand Notice Date and Amount
1. Pandian Super Market	Demand Notice date: 05-08-2024
2. Rajendra Raguathan S. Badma Devi R LAN: HCFHCSECC0001039661	Amount: Rs. 1,12,35,761/- as on 05-08-2024

**Description Of Immovable Property / Properties Mortgaged**

"All that piece and parcel of immovable property being vacant land, bearing Plot No. 25 (Eastern Portion), comprised in S.No. 183, S.No.183/1A122, T.S.No.2, as per TSLR New T.S. No. 2/2, Ward No. 128, Block No.17, measuring with an extent of 2000 Sq. Ft, situated at (Layout Approval No. LPDM/DTP.No.8/1970), Alwarthirunagar Annex III Main Road, Chennai - 600087, Virugambakkam Village, Mambalam Taluk, Chennai District. Butted and bounded on the North by III, on the south by Plot No. 26, on the East by Plot No.42, on the West by Mrs. A. Shanthi's Remaining Land. Measuring East To West on the Northern Side : 40 Feet East To West on the Southern Side : 40 Feet Situated within the Sub-Registration District of Virugambakkam and in the Registration District of South Chennai."

The borrower(s) are hereby advised to comply with the demand notice(s) and pay the demand amount mentioned therein and hereinabove within 60 days from the date of this publication together with applicable interest, late payment penalty, bounce charges, cost and expenses etc. till the date of realization of the payment. The borrower(s) may note that U GRO Capital Limited is a Secured Creditor and the loan facility availed by the borrower(s) is a secured debt against the immovable property(ies) being the secured asset(s) mortgaged by the borrower(s) with U GRO Capital Limited. In the event, the borrower(s) are failed to discharge their liabilities in full within the stipulated time, U GRO Capital Limited shall be entitled to exercise all the rights under Section 13(4) of the Act to take possession of the Secured Asset(s) including but not limited to transfer the same by way of sale or by invoking any other remedy available under the Act and the Rules thereunder in order to realize the dues in the loan account of the borrower(s). U GRO Capital Limited is also empowered to ATTACH AND/OR SEAL the Secured Asset(s) before enforcing the right to sale or transfer. Subsequent to the sale of the Secured Asset(s), U GRO Capital Limited also has a right to initiate separate legal proceedings to recover the balance dues, in case the value of the Secured Asset(s) is insufficient to cover the dues payable by the borrower(s) to U GRO Capital Limited. This remedy is in addition and independent of all other remedies available to U GRO Capital Limited under any other law. The attention of the borrower(s) is invited to Section 13(8) of the Act in respect of time available, to redeem the Secured Asset(s) and further to Section 13(13) of the Act, whereby the borrower(s) are restrained/prohibited from disposing or dealing with the Secured Asset(s) or transferring the same by way of sale, lease or otherwise (other than in ordinary course of business) and non-compliance of the above is an offence punishable under Section 29 of the Act. The copy of the demand notice(s) is available with the undersigned and the borrower(s) may, if they so desire, collect the same from the undersigned.

Place: Chennai SD/- Kasibhotla Kutumba Ramprasad (Authorised Officer) Date: 15.08.2024 For U GRO Capital Limited (authorised.officer@ugrocapital.com)

### SHRIRAM PROPERTIES LIMITED

Corporate Identity Number (CIN) : L72200TN2000PLC044560

Registered Office: Lakshmi Leela Rite Choice Chamber New No. 9, Bazullah Road, T Nagar, Chennai - 600017

Corporate Office: Shriram House No. 31, 2nd Main Road, T. Chowdiah Road, Sadashivanagar, Bengaluru - 560080

Telephone +91-80-40229999 | Fax +91-80-41236222 | Email ID: cs.sp@shriramproperties.com Website: www.shriramproperties.com

### Extract of Consolidated Financial Results for the quarter ended 30 June 2024

Sl. No.	Particulars	QUARTER ENDED		YEAR ENDED	
		30 June 2024 [Unaudited]	31 March 2024 [Audited]	30 June 2023 [Unaudited]	31 March 2024 [Audited]
1	Total income	21,090	35,837	15,717	98,735
2	Net Profit before tax	2,734	1,234	2,437	7,634
3	Net Profit after tax	1,746	2,012	1,662	7,538
4	Total comprehensive income/(loss) for the period	1,747	2,033	1,652	7,538
5	Total comprehensive income/(loss) attributable to: Owners of the Holding Company	1,745	2,038	1,652	7,543
6	Equity Share capital (Face value of Rs.10 each)	17,035	17,033	17,002	17,033
7	Reserves (Other Equity excluding Revaluation Reserves)				110,668
8	Earnings/(Loss) per share (of Rs.10 each)				
	Basic (Rs.)	1.02	1.19	0.98	4.44
	Diluted (Rs.)	1.02	1.19	0.98	4.44

Notes  
1) Brief of Standalone Financial Results for the quarter ended 30 June 2024 is as follows:

Particulars	QUARTER ENDED		YEAR ENDED	
	30 June 2024 [Unaudited]	31 March 2024 [Audited]	30 June 2023 [Unaudited]	31 March 2024 [Audited]
Total income	2,000	10,780	4,966	29,557
Profit before impairment, exceptional items and taxes	(3,251)	6,566	428	11,463
Impairment/write-off	5	259	-	356
Net profit/(loss) after tax	(2,421)	5,678	344	9,633

2) The above is an extract of the detailed format of quarterly financial results filed with the Stock exchanges under Regulation 33 of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015. The full format of the quarterly financial results are available on the website of the Stock exchange(s) viz. www.bseindia.com, www.nseindia.com and the same is also available on Company's website viz. www.shriramproperties.com

For and behalf of the Board of Directors of Shriram Properties Limited  
**Murali M**  
Chairman & Managing Director  
DIN: 00030096

Bengaluru  
14 August 2024