

TML: CS: BDM-4/ 2022-23

Listing Department, **BSE Limited**,

P. J. Towers, Dalal Street,

Mumbai-400001

28th October, 2022
Listing Department,

National Stock Exchange of India Ltd.
"Exchange Plaza",
Bandra – Kurla Complex,
Bandra – East, Mumbai- 400 051

Dear Sir/Madam,

Sub: Intimation of Date of Board Meeting & Closure of Trading Window

Ref: 1. Regulation 29 of the SEBI (Listing Obligations & Disclosure Requirements) Regulations, 2015

2. BSE Scrip Code: 530199

3. NSE Scrip Code: THEMISMED

With respect to the captioned subject, please be informed that a meeting of the Board of Directors of Themis Medicare Limited is scheduled to be held on Wednesday, 7th November, 2022 inter alia, to consider the Un-audited Standalone and Consolidated Financial Results for the quarter and half year ended on 30thSeptember, 2022.

Further, in continuation of our Letter dated 27th September 2022, the Trading Window in respect of dealing in the Company's Securities was closed for all Directors/Designated Employees from the opening of the trading hours on Saturday, 1stOctober, 2022, which shall remain closed till the closure of trading hours on 9th November, 2022 (both days inclusive) i.e. till the completion of 48 hours after the declaration of financial results as per the policy for prohibition of Insider Trading ("the Code") adopted by the Company pursuant to SEBI (Prohibition of Insider Trading) Regulations, 2015 as amended from time to time.

This is for your information and record.

Thanking you,

Yours Faithfully, For **THEMIS MEDICARE LTD.**

Sangameshwar Iyer
Company Secretary& Compliance Officer

Themis Medicare Limited