

March 30, 2021

To
The BSE Limited
Phiroze Jeejeebhoy Towers
Dalal Street, Mumbai-400001
Scrip code: 540203

The National Stock Exchange India Limited
Exchange Plaza, Bandra Kurla Complex
Bandra (E), Mumbai-400051
Symbol:SFL

Subject: Closure of trading window

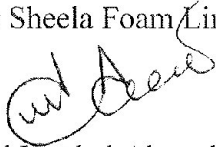
Dear Sir/Madam

Pursuant to the Company's Code of Conduct under the provisions of Securities and Exchange Board of India (Prohibition of Insider Trading) Regulations, 2015, amendment thereof ("the Code"), trading window for dealing in shares of the Company, for persons specified under the Code, shall remain closed from, April 1, 2021 till end of 48 hours after the Financial Results for the quarter ending March 31, 2021 shall be made public.

This is for your information and record

Thanking you,
Yours truly,

For Sheela Foam Limited

A handwritten signature in black ink, appearing to read 'Md Iqbal Ahmad', written over a circular stamp or mark.

(Md Iqbal Ahmad)
Company Secretary and Compliance Officer

SHEELA FOAM LTD.

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