Listing Compliance Department
National Stock Exchange of India Limited.
Exchange Plaza, C-1, Block G,
Bandra-Kurla Complex,
Bandra (E), Mumbai 400051

Listing Compliance Department BSE Limited. Phirozee Jeejeebhoy Towers, Dalal Street, Fort, Mumbai - 400 001

NSE Symbol: VIKASLIFE

Scrip Code: 542655

Sub: Disclosure under Regulation 29(2) of Securities and Exchange Board of India (Substantial Acquisition of Shares and Takeovers) Regulations, 2011 ('SEBI SAST regulations')

Dear Sir/ Madam,

With reference to the captioned subject, I, Nand Kishore Garg one of the promoter for and on behalf of other Promoters/Promoter Group of the Company, would like to submit that we have acquired 2,62,00,872 Equity Shares representing 2.40% of the outstanding Share Capital i.e 109,24,20,988 of the Vikas Lifecare Limited ('the Company') pursuant to Rights Issue as per the details annexed.

In reference to the above, we are hereby submitting the disclosure as required under Regulation 29(2) of SEBI (SAST) Regulations, 2011 with respect to sale/disposal of Equity shares by the Promoters/Promoter Group of the Company.

Kindly take this on your records and oblige.

For Self and on behalf of Promoter/Promoter Group

Nand Kishore Garg

Encl: a/a

Format for Disclosures under Regulation 29(2) of SEBI (Substantial Acquisition of Shares and Takeovers) Regulations, 2011

Name of the Target Company (TC)	Vikas Lifecare L	Vikas Lifecare Limited			
Name(s) of the acquirer and Persons Acting in	Vivek Garg and I	PAC			
Concert (PAC) with the acquirer					
			uisition of Equity		
	_	shares by Promoters/Promoter Group of the			
	Company				
Will die die die die Die de					
Whether the acquirer belongs to Promoter	Yes				
/Promoter group	4 86511 11				
Name(s) of the Stock Exchange(s) where the	1. BSE Limited				
shares of TC are Listed		2. National Stock Exchange of India Limited			
Details of the acquisition/disposal as follows	Number	% w.r.t. total	% w.r.t. total		
		share/voting	diluted		
		capital	share/voting		
		wherever	capital of the		
		applicable(*)	TC(**)		
Before the acquisition under consideration:	<u></u>	T			
a) Shares carrying voting rights					
i. Nand Kishore Garg HUF	750	0.00	0.00		
ii. Vinod Kumar Garg & Sons HUF	84,781	0.01	0.01		
iii. Vikas Garg	11,71,52,208	12.96	12.96		
iv. Vikas Garg HUF	29,750 1,904	0.00	0.00		
v. Vivek Garg HUF vi. Jai Kumar Garg & Sons HUF	18,500	0.00	0.00		
vii. Asha Garg	8,025	0.00	0.00		
viii. Usha Garg	9,075	0.00	0.00		
ix. Nand Kishore Garg	52,350	0.00	0.00		
x. Seema Garg	7,307	0.00	0.00		
xi. Vivek Garg	2,00,01,550	1.81	1.81		
xii. Ishwar Gupta	42,800	0.00	0.00		
xiii. Shashi Garg	68,000	0.01	0.01		
xiv. Vinod Kumar Garg	41,720	0.00	0.00		
xv. Namita Garg	738	0.00	0.00		
xvi. Vaibhav Garg	7,616	0.00	0.00		
xvii. Sukriti Garg xviii. Vrindaa Advanced Materials Limited	27,507	0.00	0.00		
b) Shares in the nature of encumbrance	58,515	0.01	0.01		
(pledge/ lien/ non-disposal					
undertaking/others)					
	_	_	_		
equity shares					
d) Warrants/convertible securities/any	-	-	-		
other instrument that entitles the					
acquirer to receive shares carrying					

	voting rights in the TC			
e)	Total (a+b+c+d)	13,76,13,096	14.81	14.81
Details	s of acquisition/sale			
a)	Shares carrying voting rights			
,	acquired/sold			
i.	Nand Kishore Garg HUF	0	0.00	0.00
ii.	Vinod Kumar Garg & Sons HUF	0	0.00	0.00
iii.	Vikas Garg	2,62,00,872	2.40	2.40
iv.	Vikas Garg HUF	0	0.00	0.00
٧.	Vivek Garg HUF	0	0.00	0.00
vi.	Jai Kumar Garg & Sons HUF	0	0.00	0.00
vii.	Asha Garg	0	0.00	0.00
viii.	Usha Garg	0	0.00	0.00
ix.	Nand Kishore Garg	0	0.00	0.00
х.	Seema Garg	0	0.00	0.00
xi.	Vivek Garg	0	0.00	0.00
xii.	Ishwar Gupta	0	0.00	0.00
xiii.	Shashi Garg	0	0.00	0.00
xiv.	Vinod Kumar Garg	0	0.00	0.00
XV.	Namita Garg	0	0.00	0.00
xvi.	Vaibhav Garg	0	0.00	0.00
xvii.	Sukriti Garg			
xviii.	Vrindaa Advanced Materials Limited			
b)	VRs acquired/sold otherwise than by	-	-	-
	equity shares			
c)	Warrants/convertible securities/any	-	-	-
	other instrument that entitles the			
	acquirer to receive shares carrying			
	voting rights in the TC acquired/sold			
d)	Shares encumbered/invoked/release	_	_	
u)	by the acquirer			
e)	Total (a+b+c+d)	2,62,00,872	2.40	2.40
	,	2,02,00,672	2.40	2.40
	the acquisition/sale, holding:			Τ
a)	Shares carrying voting rights			
<u>i.</u>	Nand Kishore Garg HUF	750	0.00	0.00
ii.	Vinod Kumar Garg & Sons HUF	84,781	0.01	0.01
iii.	Vikas Garg	14,33,53,080	12.96	12.96
iv.	Vikas Garg HUF	29,750	0.00	0.00
٧.	Vivek Garg HUF	1,904	0.00	0.00
Vi.	Jai Kumar Garg & Sons HUF	18,500 8,025	0.00	0.00
vii. viii.	Asha Garg Usha Garg	9,075	0.00	0.00
ix.	Nand Kishore Garg	52,350	0.00	0.00
	Seema Garg	7,307	0.00	0.00
xi.	Vivek Garg	2,00,01,550	1.81	1.81
xii.	Ishwar Gupta	42,800	0.00	0.00
xiii.	Shashi Garg	68,000	0.01	0.01
xiv.	Vinod Kumar Garg	41,720	0.00	0.00
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xv. Namita Garg	738	0.00	0.00	
xvi. Vaibhav Garg	7,616	0.00	0.00	
xvii. Sukriti Garg				
xviii. Vrindaa Advanced Materials Limited				
b) Shares encumbered with the acquirer	-	-	-	
c) VR otherwise than by shares				
d) Warrants/convertible securities/any	-	-	-	
other instrument that entitles the				
acquirer to receive shares carrying				
voting rights in the TC after				
acquisition				
e) Total (a+b+c+d)	16,38,13,968	14.99	14.99	
Mode of acquisition/sale (e.g. open market /	Right Issue			
off-market/ public issue /rights issue				
preferential allotment//inter-se transfer etc.)				
Salient features of the securities acquired	NA			
including time redemption, ratio at which it				
can be converted into equity shares, etc.				
Date of acquisition/sale of shares/ VR or date				
of receipt of intimation of allotment of	February 15, 2022			
shares, whichever is applicable				
Equity share capital / total voting capital of	109,24,20,988 Fully Paid-up Equity shares			
the TC before the said acquisition/sale	of Re. 1/- each			
Equity share capital/ total voting capital of	109,24,20,988 Fully Paid-up Equity shares			
the TC after the said acquisition/sale	of Re. 1/- each			
Total diluted share/voting capital of the TC	109,24,20,988 Fully Paid-up Equity shares			
after the said acquisition	of Re. 1/- each			

For Self and on behalf of Promoter Group/PAC

Nand Kishore Garg

Date: March 15, 2022 | Place: Delhi