

Date: November 16, 2022

To General Manager - Listing Corporate Relationship Department BSE Limited P. J. Towers, Dalal Street, Mumbai-400001 BSE SCRIP CODE - 539594	To Listing Division Metropolitan Stock Exchange of India Limited 4th Vibgyor Tower, Opp. Trident Hotel, Bandra-Kurla Complex, Mumbai-400098 MSEI SYMBOL- MISHTANN
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Sub: - Disclosure under Regulation 7(2) of the SEBI (Prohibition of Insider Trading Regulations, 2015) ("Insider Trading Regulations")

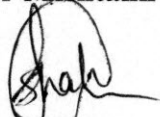
Dear Sir,

Please find enclosed herewith the requisite disclosure under Regulation 7(2) read with Regulation 6(2) of the captioned Regulations, relating to purchase of 200000 equity shares of Mishtann Foods Limited by Hiteshkumar Gaurishankar Patel, Promoter of the Company.

We request you to take the afore-mentioned information in record and oblige.

Yours's Faithfully,

For Mishtann Foods limited



Shivangi Shah
Company Secretary and Compliance Officer



Date: 16th November, 2022

The Company Secretary
Mishtann Foods Limited
C/808, Ganesh Meridian,
Opp. Gujarat High Court,
S. G. Highway, Ahmedabad
Gujarat 380061

Dear Sir/Madam,

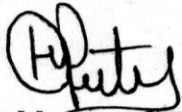
Sub: Disclosure under regulation 7(2) of the SEBI Prohibition of Insider Trading Regulations, 2015 (“Insider Trading Regulation”)

Pursuant to Regulation 7(2) read with Regulation 6(2) of the captioned Regulations, please find enclosed herewith the requisite disclosure in the prescribed format relating to details of change in holdings of the securities of Hiteshkumar Gaurishankar Patel, Promoter of the Company.

Kindly take the above on record.

Thanking You,

Your truly,



Hiteshkumar Gaurishankar Patel
Managing Director

Encl: As stated above

FORM C

SEBI (Prohibition of Insider Trading) Regulations, 2015 [Regulation 7 (2) read with Regulation 6(2) – Continual Disclosure]

Name of the company: Mishtann Foods Limited

ISIN of the company: INE094S01041

Details of change in holding of Securities of Promoter, Member of the Promoter Group, Designated Person or Director of a listed company and immediate relatives of such persons and other such persons as mentioned in Regulation 6(2).

Name, PAN, CIN/DIN, & address with contact nos.	Category of Person (Promoter/ member of the promoter group/designated person/ Director s/immediate relative to/others etc.)	Securities held prior to		Securities acquired/Disposed				Securities held post acquisition/ disposal		Date of allotment advice/ acquisition of shares/ disposal of shares, specify		Date of intimation to company	Mode of acquisition /disposal (on market/ public/ rights/ preferential offer/ off market/ Inter-se transfer, ESOPs, etc.)
		Type of securities (Foreg. – Shares Warrants, Convertible Debentures, Rights entitlements etc.)	No. and % of share holding	Type of securities (For eg. – Shares, Warrants, Convertible Debentures, Rights entitlement, etc.)	No.	Value	Transaction Type (Purchase/sale Pledge / Revocation / Invocation/ Others-please specify)	Type of securities (For eg. – Shares, Warrants, Convertible Debentures, Rights entitlement, etc.)	No. and % of share holding	From	To		
1	2	3	4	5	6	7	8	9	10	11	12	13	14
Hiteshkumar Gaurishankar Patel PAN: ASZPP4210E DIN: 05340865 Add: Prathamik Shalani Same, Narsinhapura,	Promoter	Equity Shares	493004196 (49.30%)	Equity Shares	200000	Rs. 1799396/-	Buy	Equity Shares	493204196 (49.32%)	16.11.2022	16.11.2022	16.11.2022	Market as per Annexure

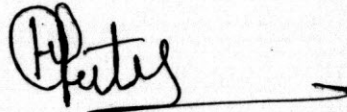
Narsinhpura, Kukadia, Sabarkantha, Idar, Gujarat 383410 (M): 9925168399 hiteshpatel@ mishtann.co m													
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Note: (i) "Securities" shall have the meaning as defined under regulation 2(1)(i) of SEBI (Prohibition of Insider Trading) Regulations, 2015.
(ii) Value of transaction excludes taxes/brokerage/any other charges

Details of trading in derivatives on the securities of the company by Promoter, member of the promoter group, designated person or Director of a listed company and immediate relatives of such persons and other such persons as mentioned in Regulation 6(2). -NIL

Trading in derivatives (Specify type of contract, Futures or Options etc.)						Exchange on which the trade was executed
Type of contract	Contract specifications	Buy		Sell		
		Notional Value	Number of units (contracts * lot size)	Notional Value	Number of units (contracts * lot size)	
15	16	17	18	19	20	21

Note: In case of Options, notional value shall be calculated based on Premium plus strike price of options.



Name & Signature: Hiteshkumar Gaurishankar Patel

Designation: Managing Director

Date: 16th November, 2022

Place: Ahmedabad

Annexure:

Statement showing details of shares of Mishtann Foods Limited purchased by Hiteshkumar Gaurishankar Patel

Sr. No	Trade Date	No. of Securities Acquired	Value of Securities Acquired (Rs.)	Transaction Type	Mode of Acquisition (Market purchase/public rights/preferential offer/ off market/ inter se transfer etc.)
1.	16.11.2022	200000	1799396/-	Buy	BSE
	TOTAL	200000	1799396/-		



Hiteshkumar Gaurishankar Patel
Managing Director
DIN: 05340865