Date: November 17, 2022

-	То	То
	General Manager - Listing	Listing Division
	Corporate Relationship Department	Metropolitan Stock Exchange of India
	BSE Limited	Limited
	P. J. Towers, Dalal Street,	4th Vibgyor Tower, Opp. Trident Hotel,
	Mumbai-400001	Bandra-Kurla Complex, Mumbai-400098
	BSE SCRIP CODE - 539594	MSEI SYMBOL- MISHTANN

Sub: - Disclosure under Regulation 7(2) of the SEBI (Prohibition of Insider Trading Regulations, 2015) ("Insider Trading Regulations")

Dear Sir,

Please find enclosed herewith the requisite disclosure under Regulation 7(2) read with Regulation 6(2) of the captioned Regulations, relating to purchase of 303583 equity shares of Mishtann Foods Limited by Hiteshkumar Gaurishankar Patel, Promoter of the Company.

We request you to take the afore-mentioned information in record and oblige.

Yours's Faithfully,

For Mishtann Foods limited



Shiwangi Shah Company Secretary and Compliance Officer Date: 17th November, 2022

The Company Secretary Mishtann Foods Limited C/808, Ganesh Meridian, Opp. Gujarat High Court, S. G. Highway, Ahmedabad Gujarat 380061

Dear Sir/Madam,

Sub: Disclosure under regulation 7(2) of the SEBI Prohibition of Insider Trading Regulations, 2015 ("Insider Trading Regulation")

Pursuant to Regulation 7(2) read with Regulation 6(2) of the captioned Regulations, please find enclosed herewith the requisite disclosure in the prescribed format relating to details of change in holdings of the securities of Hiteshkumar Gaurishankar Patel, Promoter of the Company.

Kindly take the above on record.

Thanking You,

Your truly,

Hiteshkumar Gaurishankar Patel Managing Director

Encl: As stated above

FORM C

SEBI (Prohibition of Insider Trading) Regulations, 2015 [Regulation 7 (2) read with Regulation 6(2) – Continual Disclosure] Name of the company: <u>Mishtann Foods Limited</u> ISIN of the company: INE094S01041

Details of change in holding of Securities of Promoter, Member of the Promoter Group, Designated Person or Director of a listed company and immediate relatives of such persons and other such persons as mentioned in Regulation 6(2).

Name, PAN, CIN/DIN, & address with contact nos.	Category of Person (Promoter/ member of t thepromoter group/desig	omoter/ acquisition/ nber of disposal promoter		Securities acquired/Disposed			Securities heldpost acquisition/ disposal		Date of allotment advice/ acquisition of shares/ disposal of shares, specify		of of intima acquis tionto on	of acquisiti	
	nated person/ Director s/immediate relative to/others etc.)	Type of securiti es (Foreg. – Shares Warrants, Convert ible Debentures, Rights entitlem ents etc.)		Type of securities (For eg. – Shares, Warrants, Convertib le Debentur es, Rights entitleme nt, etc.)	No.	Value	se/sale Pledge / Revocat ion /	securities (For eg. – Shares, Warrants, Converti ble Debentures, Rights entitlement, etc.)	No. and % of shareh olding	From	То	any	I (on market/ public/ rights/ preferen tialoffer/ off market/ Inter-se transfer, ESOPs, etc.)
1	. 2	3	4	5	6	7	8	9	10	11	12	13	14
Hiteshkumar Gaurishankar Patel PAN: ASZPP4210 E DIN: 05340865 Add: Prathamik Shala ni Same, Narsinhpura,	Promoter	Equity Shares	49320419 6 (49.32%)	Equity Shares	303583	Rs. 2747086/-	Buy	Equity Shares	493507779 (49.35%)	17.11. 2022	17.11. 2022	17.11. 2022	Market as per Annexu re

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Note: (i) "Securities" shall have the meaning as defined under regulation 2(1)(i) of SEBI (Prohibition of Insider Trading) Regulations, 2015. (ii) Value of transaction excludes taxes/brokerage/any other charges Details of trading in derivatives on the securities of the company by Promoter, member of the promoter group, designated person or Director of a listed company and immediate relatives of such persons and other such persons as mentioned in Regulation 6(2). -NIL

	Trading in d	erivatives (Sp	pecify type of cont	tract, Futures or		Exchange on whi the trade w executed
Type of contract	Contract specifications		Buy			
		Notional Value	Number of units (contracts * lot size)		Number of units (contracts * lot size)	
15	16	17	18	19	20	21

Note: In case of Options, notional value shall be calculated based on Premium plus strike price of options.

Name & Signature: Hiteshkumar Gaurishankar Patel

Designation: Managing Director

Date: 17th November, 2022

Place: Ahmedabad

Annexure:

Statement showing details of shares of Mishtann Foods Limited purchased by Hiteshkumar Gaurishankar Patel

Sr. No	Trade Date	No. of Securities Acquired	Value ofTransactionSecuritiesTypeAcquired (Rs.)		Mode of Acquisition (Market purchase/public rights/preferential offer/ off market/ inter se transfer etc.			
1.	17.11.2022	303583	2747086/-	Buy	BSE			
	TOTAL	303583	2747086/-					

Hiteshkumar Gaurishankar Patel Managing Director DIN: 05340865