

TML: CS: BDM-31/2019-20

4th November, 2019

Listing Department,

BSE Limited,
P. J. Towers, Dalal Street,

Mumbai-40001

Listing Department,

National Stock Exchange of India Ltd.
"Exchange Plaza",

Bandra – Kurla Complex,

Bandra – East, Mumbai- 400 051

Dear Sir/Madam,

Sub: Intimation of Date of Board Meeting & Closure of Trading Window

Ref: 1. Regulation 29 of the SEBI (Listing Obligations & Disclosure Requirements) Regulations, 2015

2. BSE Scrip Code: 530199

3. NSE Scrip Code: THEMISMED

With respect to the captioned subject, please be informed that a meeting of the Board of Directors of Themis Medicare Limited is scheduled to be held on Thursday, 14th November, 2019 inter alia, to consider, the Un-audited Standalone and Consolidated Financial Results for the Quarter and Half year ended on 30th September, 2019.

Further, the Trading Window in respect of the Company's Securities has already been closed for all Directors/Designated Employees/Insiders of the Company w.e.f. from the opening of the trading hours on Tuesday, 1st October, 2019, and shall remain closed upto 48 hours of declaration of the results i.e till 16.11.2019.

This is for your information and record.

Thanking you,

Yours faithfully,

For Themis Medicare Ltd.

Sangameshwar lyer

Company Secretary& Compliance Officer

Themis Medicare Limited