



23-08-2023

To,
Department of Corporate Services
BSE Limited
P. J. Towers, Dalal Street
Fort, Mumbai - 400 001
Scrip Code: **BSE -543309**

Respected Sir,

Sub: Disclosure under Regulation 7(2) (b) of SEBI (Prohibition of Insider Trading) Regulations, 2015.

In terms of Regulation 7(2)(b) of SEBI (Prohibition of Insider Trading) Regulations, 2015, enclosed please find disclosures received from Mrs. Sitanshi Parikh, being relative of promoter i.e. immediate relative to Promoter, in Form 'C' pursuant to Regulation 7(2)(a) of SEBI (Prohibition of Insider Trading) Regulations, 2015, regarding transfer of 28,11,898 equity shares held in her name (being nominee to the shares of and executor to the last Will and Testament Late Mr. Siddharth Talati) to Mrs. Sucheta Talati, being the legal and beneficial owner of the said shares as per the last Will and Testament of Late Mr. Siddharth Talati.

Please take aforesaid disclosures on record and oblige'.

Thanking you,

Yours faithfully,

For Adeshwar Meditex Limited

Shivani Tiwari
Company Secretary
Place: Mumbai



11-08-2023

To,
Adeshwar Meditex Limited
Mumbai

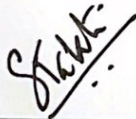
Respected Sir/Madam,

Sub: Disclosures under Regulation 7(2)(a) of securities and Exchange Board of India (Prohibition of Insider Trading) Regulations 2015.

Please find enclosed herewith disclosure in Form C under Regulation 7(2)(a) of Securities and Exchange Board of India (Prohibition of Insider Trading) Regulations, 2015 regarding transfer of 28,11,898 equity shares to Mrs. Sucheta Siddharth Talati by me on 10/08/2023. I, being daughter of Late Mr. Siddharth Mulchand Talati (Promoter) and executor of his Last Will and Testament, have transferred his shares held in my name (being a nominee) to Mrs. Sucheta Siddharth Talati (Inheritor under the last Will and Testament of Late Mr. Siddharth Mulchand Talati).

This may be taken on record.

Yours Sincerely,



Sitanshi Sahil Parikh

Encl.: Disclosures under Regulation 7(2)(a) of Securities and Exchange Board of India (Prohibition of Insider Trading) Regulations, 2015

FORM C
Securities and Exchange Board of India (Prohibition of Insider Trading) Regulations, 2015 [Regulation 7 (2) read with Regulation 6(2) - Continual Disclosure]

Name of the company
 ISIN of the company

Adeshwar Meditex Limited
INE0H8101015

Details of change in holding of Securities of Promoter, Member of the Promoter Group, Designated Person or Director of a listed company and immediate relatives of such persons as mentioned in Regulation 6(2).
 Category of Person (Promoter/member group/designated person/ Director s/immediate relative to/others etc.)

Name, PAN, CIN/DIN, & address with contact no. of the promoter group/member person/ Director s/immediate relative to/others etc.)

Securities held prior to acquisition/ disposal

Securities acquired / Disposed

Date of allotment advice/ acquisition of shares/ disposal of shares, specify

Date of information to Company

Mode of acquisition /disposal (on market/ public/ preferential rights/ offer/ off market/ intra-se transfer/ ESOPs, etc.)

Exchange on which the trade was executed

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
Shashi Sahil Parikh PAN: AAZPT9551N Add: Flat no. 304, Shri. Rupya Bldg, 247 Malabar Rd, Mumbai 400006	Immediate relative to Promoter	Equity Shares	5706888 (39.544 %)	Equity Shares	2,811,898	Nil	Other - transfer as per will	Equity Shares	2855000 (20.96 %)	10-Aug-23	10-Aug-23	11-Aug-23	Transfer through interline	NA

Note: (i) "Securities" shall have the meaning as defined under regulation 2(1)(j) of SEBI (Prohibition of Insider Trading) Regulations, 2015.
 (ii) Value of transaction excludes taxes/brokerage/any other charges

Details of trading in derivatives on the securities of the company by Promoter, member of the promoter group, designated person or Director of a listed company and immediate relatives of such persons as mentioned in Regulation 6(2).
 Trading in derivatives (Specify type of contract, Futures or Options etc.)

Type of contract	Contract specifications	Buy		Sell		Exchange on which the trade was executed
		Number of units (contracts * lot size)	National Value	Number of units (contracts * lot size)	National Value	
16	17	18	19	20	21	22
NA	NA	NA	NA	NA	NA	NA

Note: *In case of Options, national value shall be calculated based on Premium plus strike price of options.

S. Parikh
 Shashi Sahil Parikh
 Date: 11/08/2023