

December 29, 2022

Listing Department

BSE LIMITED

P J Towers, Dalal Street, Fort,
Mumbai-400 001

Code: 531335

Listing Department

NATIONAL STOCK EXCHANGE OF INDIA LIMITED

Exchange Plaza, Bandra Kurla Complex,
Bandra (E),
Mumbai-400 051

Code: ZYDUSWELL

Re.: Disclosure under Insider Trading Regulations

Dear Sir / Madam,

With reference to the captioned subject, please find enclosed disclosure in prescribed Form "C" under Regulation 7(2) of SEBI (Prohibition of Insider Trading) Regulations, 2015, received from Mr. Tarun Arora, Chief Executive Officer and Whole Time Director of the Company with respect to purchase of 200 Equity Shares of RS. 10/- each from the open market.

Please find the same in order.

Thanking you,

Yours faithfully,

For, **ZYDUS WELLNESS LIMITED**

NANDISH P. JOSHI
COMPANY SECRETARY

Encl.: As above

Zydus Wellness Limited

(a subsidiary of Zydus Lifesciences Limited)

Regd. Office: 'Zydus Corporate Park', Scheme No. 63, Survey No. 536, Khoraj (Gandhinagar), Nr. Vaishnodevi Circle,
S. G. Highway, Ahmedabad – 382481, India.

Phone No.: +91-79-71800000; **Website:** www.zyduswellness.com

CIN: L15201GJ1994PLC023490

FORM C
SEBI (Prohibition of Insider Trading) Regulations, 2015
[Regulation 7 (2) read with Regulation 6(2) – Continual disclosure]

Name of the Company: ZYDUS WELLNESS LIMITED ISIN of the Company: INE768C01010

Details of change in holding of Securities of Promoter, Member of the Promoter Group, Designated Person or Director of a listed company and immediate relatives of such persons and other such persons as mentioned in Regulation 6(2).

Name, PAN, CIN/DIN, & address with contact	Category of Person	Securities held prior to acquisition/disposal		Securities acquired/Disposed				Securities held post Purchase		Date of Purchase of shares		Date of intimation to company	Mode of Sale
		Type of securities	No. and % of shareholding	Type of security	No	Value	Transaction Type	Type of security	No. and % of shareholding	From	To		
1	2	3	4	5	6	7	8	9	10	11	12	13	14
Name: Tarun Arora DIN: 07185311 PAN: AADPA8011C Address: 701, Samprat Residency-II, Behind Satyagraha Chhavani, Satellite, Ahmedabad-380 015 Contact No. 079-48040000	CEO & Whole Time Director	Equity Shares	1,800 0.00%	Equity Shares	200 (NSE)	Rs. 3,01,400.00	Acquired	Equity Shares	2,000 0.00%	December 28, 2022	December 28, 2022	December 29, 2022	Open market

Details of trading in derivatives of the company by Promoter, Employee or Director of a listed company and other such persons as mentioned in Regulation 6(2).

Trading in derivatives (Specify type of contract, Futures or Options etc.)						Exchange on which the trade was executed
Type of contract	Contract specifications	Buy		Sell		
		Notional Value	Number of units (contracts * lot size)	Notional Value	Number of units (contracts * lot size)	
15	16	17	18	19	20	21
N.A.	N.A.	N.A.	N.A.	N.A.	N.A.	National Stock Exchange of India Limited

Tarun Arora
CEO & Whole Time Director

Date: December 29, 2022

Place: Mumbai