



Date: March 16, 2023

To

The Secretary
(Listing Department)
The BSE Limited
Phiroze Jeejeebhoy Towers
Dalal Street, Mumbai-400001

The Manager,
The National Stock Exchange India Limited
Exchange Plaza, Bandra Kurla Complex
Bandra(E), Mumbai-400051

BSE Scrip Code: 540203

NSE Symbol: SFL

Subject: Intimation of schedule of Investor/Analyst meeting under regulation 30(6) of SEBI (Listing Obligations & Disclosure Requirements) Regulations, 2015.

Dear Sir/Madam

With reference to the subject cited above, we hereby inform you that, pursuant to Regulation 30(6) of the SEBI (Listing Obligations & Disclosure Requirements) Regulations, 2015 the schedule of Investor/Analyst meeting to be participated by the Company:

Day and Date	Particulars	Type of Interaction	Venue
Friday- 17 th March, 2023	Valorem Advisors Annual Conference	In-person Group Meetings	Mumbai

No unpublished price sensitive information (UPSI) is intended to be discussed during the interactions. Submitted for your information and records.

Thanking you Yours faithfully,

For Sheela Foam Limited

(Md. Iquebal Ahmad)
Company Secretary and Compliance Officer

SHEELA FOAM LTD.

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