May 27, 2020

To

The BSE Limited	The National Stock Exchange India Limited
Phiroze Jeejeebhoy Towers	Exchange Plaza, Bandra Kurla Complex
Dalal Street, Mumbai-400001	Bandra(E), Mumbai-400051
Scrip Code: 540203	NSE Symbol: SFL

Subject: Certificate pursuant to Regulation 40(9) of the Securities and Exchange Board of India (Listing obligation and Disclosure Requirements) Regulations, 2015

Dear Sir/Madam

Please find enclosed the certificate under Regulation 40(9) of the Securities and Exchange Board of India (Listing obligation and Disclosure Requirements) Regulations, 2015 for the half year ended March 31, 2020.

This is for your information and record.

Thanking you,

Yours truly,

For Sheela Foam Limited

(Md. Iquebal Ahmad)
Company Secretary & Compliance Officer

SHEELA FOAM LTD.
37/2, Site-IV, Sahibabad Industrial Area, Ghaziabad, U.P. - 201010, India
Ph: Int-9140)-120-4162200 • Fax: Int-91-(0)-120-4162282, 4162283 • Email: contactus@sheelafoam.com
Regd. Office: C-55, Preet Vihar, Vikas Marg, Delhi-110092, India • Ph: Int-9140)-11-22026875-76
Toll Free: 1800 103 6664 • www.sleepwellproducts.com • www.sheelafoam.com
CIN-L74899DL1971PLC005679

CERTIFICATE UNDER REGULATION 40 (9) OF SEBI (LISTING OBLIGATIONS AND DISCLOSURE REQUIREMENTS) REGULATIONS, 2015

For The Half Year Ended March 31st, 2020

We have examined all Share Transfer Deeds, Memorandum of Transfers, Registers files and other documents relating to **Sheela Foam Limited** maintained by **Link Intime India Private Limited** pertaining to transfer of equity shares of the company for the period from **October 01st, 2019** to **March 31st, 2020** for the purpose of issuing a Certificate as per Regulation 40 (9) the Listing Regulation. I hereby certify that the company has delivered during half year ended on **March 31st, 2020**:

A) Share / Debenture Certificate(s) relating to the transfer of Shares / Debentures received during the period from **October 01st, 2019** to **March 31st, 2020** as entered in the Memorandum of Transfer have been issued within fifteen days of the date of lodgement for transfer, sub-division, consolidation, renewal, exchange or endorsement of calls / allotment monies from respective date of lodgement of each deed excepting those rejected on technical grounds.

B)   Any other information , if applicable : **Nil**

For AVA Associates

Company Secretaries

Amitabh

Partner

CP- 5500

Place: New Delhi

Dated: 26.05.2020

UDIN: A014190B000284064