

June 05, 2021

To,
National Stock Exchange of India Limited
Exchange Plaza
Bandra Kurla Complex,
Bandra (E), Mumbai - 400 051

BSE Limited
Phiroze Jeejeeboy Towers
Dalal Street,
Mumbai- 400 001

Dear Sirs/Madam,

Sub: Newspaper Advertisement – Disclosure under Regulation 30 and Regulation 47 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015

Pursuant to Regulation 30 read with Schedule III Part A Para A and Regulation 47 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, we enclose the copies of newspaper advertisement published in Free Press Journal (English) and Pudari (Marathi), in compliance with Section 108 of the Companies Act, 2013 read with Rule 20 of the Companies (Management and Administration) Rules, 2014,, intimating that the 21st Annual General Meeting of the Company will be held on Saturday, June 26, 2021 at 3.00 P.M. through Video Conferencing / Other Audio Visual Means and giving details of e-voting facility being provided by the Company.

The above information is also available on the website of the Company www.thyrocare.com. This is for your information and records.

Thanking You,

Yours faithfully,

For **Thyrocare Technologies Limited**,



Ramjee Dorai
Company Secretary and Compliance Officer



Thyrocare Technologies Limited

📍 D-37/1, TTC MIDC, Turbhe, Navi Mumbai - 400 703, India ☎ 022- 3090 0000 / 4125 2525

✉ enquiry@thyrocare.com 🌐 www.thyrocare.com

(CIN : L85110MH2000PLC123882)

DEVISU TRADING LIMITED
 Regd Office: 82, Maker Chambers III,
 Nariman Point, Mumbai 400 021
 Tel.: 2204 2554 / 7164 • Fax: 022-2204 1643
 CIN: L15100MH1985PLC036933

NOTICE

Notice is hereby given that, a meeting of the Board of Directors of the Company will be held on Monday, 14th June, 2021 in Mumbai to consider, inter alia, Audited Financial Results for the quarter ended 31st March, 2021.

For Devisu Trading Ltd.,
 Place : Mumbai
 Date : 04.06.2021
 Sd/-
 Director

CENTRAL RAILWAY
OPERATION AND MAINTENANCE OF TOILET BLOCKS

Award of Contract for Operation & Maintenance of Toilet blocks on Normal Pay & Use at Karjat, Dockyard Road & Sion stations on Mumbai Division.

The Divisional Railway Manager (Commercial), Central Railway, Chhatrapati Shivaji Maharaj Terminus Mumbai, on behalf of The President of India invites E-tenders for allotment of Pay & Use contract at Karjat, Dockyard Road & Sion stations for a period of five (05) years. For more details regarding terms and conditions visit our official website www.irops.gov.in.

Name of work	Operation & Maintenance of Toilet blocks on Normal Pay & Use basis.		
Station Name	Karjat	Dockyard Road	Sion
Category of station	'C'	'C'	'C'
Reserve Price p.a.in Rs.	Rs. 10,700/-	Rs. 36,444/-	Rs. 31,000/-
Earnest Money Deposit	Rs. 2,700/-	Rs. 9,200/-	Rs. 7,800/-
Contract Period	Five Years	Five Years	Five Years
Cost of E-Tender	Rs. 1000/-	Rs. 1000/-	Rs. 1000/-
Document			
Closing Date and time	30.06.2021 Upto 14.30 Hrs		

Payment of Earnest Money Deposits (EMD) and Cost of Tender document (CTD) in respect of a tender shall be accepted through net banking or payment gateway only. Offer shall be summarily rejected if any other mode is adopted for submission of EMD or TDC. Further Addendum/Corrigendum, time extension, clarification etc. if any, in connection with the subject tender, will only be uploaded in the website. Bidders should regularly visit the website to keep themselves updated. Railway reserves the right to accept the work in full or part or reject the tender in full or part without assigning any reasons. Conditional offers will summarily be rejected.

RailMadad Helpline 139 170

PUBLIC NOTICE

HDFC
 WITH YOU, RIGHT THROUGH

HOUSING DEVELOPMENT FINANCE CORPORATION LTD.
 Regd Office: Ramon House, H.T. Parekh Marg, 169, Backbay Reclamation, Churchgate, Mumbai. CIN: L70100MH1977PLC019916 Website: www.hdfc.com

Notice is hereby given to the public at large that Matrix Buildtech ("the Developers") is developing the property mentioned in the Schedule hereunder written pursuant to Agreement to Lease dated 14-06-2018 bearing Registration No. Pvl-2-7860-2018 executed between City Industrial Development Corporation of Maharashtra (CIDCO), 1) Sunny Gajanan Bhoir, 2) Manukbhai Namdev Bhagat. Further Housing Development Finance Corporation Limited (HDFC) is desirous of recommending housing loans to prospective purchasers purchasing the residential units in the project named "Gajanan Apartment" which is being constructed by the Developers on the said property.

Any person having any claim, right, title and interest in respect of the said property or any part thereof is hereby called upon to make the same known in writing to 'Head-Operations-Legal, Housing Development Finance Corporation Limited, Ramon House, H T Parekh Marg, 169, Backbay Reclamation, Churchgate, Mumbai 400 020 within 15 days from the date hereof.

SCHEDULE OF THE PROPERTY
 Plot No. 433, Sector No. 24, Ulwe Node, Navi Mumbai.

Dated: 03-06-2021

HOUSING DEVELOPMENT FINANCE CORPORATION LTD.,
 Ramon House, H.T. Parekh Marg, 169, Backbay Reclamation, Churchgate, Mumbai 400020.

Government of India
Bhabha Atomic Research Centre
 Hot Lab Utility & Engg. Services Section
 North Site, Trombay, Mumbai - 400 085

NOTICE INVITING E-TENDERS

The Chief Engineer and Head, HLU&ESS, Bhabha Atomic Research Centre, North Site, Trombay, Mumbai - 400 085 on behalf of the President of India invites online rate tenders on two bid system for following two works :-

- NIT No. BARC/HUES/NG-10/18/2021. Name of work - Supply, installation, testing and commissioning of PLC, HMI based control system for OHT based recirculatory process cooling water system at RLG, BARC Trombay Mumbai-400085. Estimated cost-Rs.25 Lakhs. Period of completion - 08 months, Tender Processing Fee - Rs. 1475/-.** Dates for downloading of tender documents: 07/06/2021 (10:00 Hrs) to 18/06/2021 (18:00 Hrs). Last date and time of closing online submission of tender - 05/07/2021 (15:00 Hrs.) Date and time of online opening of Part -A: 07/07/2021 (14:00 Hrs.)
- NIT No. BARC/HUES/RE-159/19/2021-22. Name of work - Electrical maintenance, testing and installation work at PRAFFUL, SPF, HLU & ESS, South Site, BARC, Trombay, Mumbai 400085 Estimated cost-Rs.50 Lakhs.Period of completion - 24 months, Tender Processing Fee - Rs. 2950/-.** Dates for downloading of tender documents: 07/06/2021 (10:00 Hrs) to 18/06/2021 (18:00 Hrs.) Last date and time of closing online submission of tender - 05/07/2021 (15:00 Hrs.) Date and time of online opening of Part -A: 07/07/2021 (14:00 Hrs.)

Changes if any, in the above scheduled dates etc. will be notified only in the website www.tenderwizard.com/DAE

Contact for assistance / clarifications 24x7 @ 9969395522 Shri. Rudresh, email : twhelpdesk231@gmail.com Chief Engineer, HLU&ESS

For and on behalf of
 Yogi Prabhat Co-op Hsg. Soc. Ltd.
 Date : 05.06.2021 Sd/-
 Place: Mumbai Hon. Secretary

WESTERN RAILWAY - AHMEDABAD DIVISION
VARIOUS WORKS IN CONNECTION WITH INTERLOCKING OF LC GATES

DRM/S and T acting for and behalf of The President of India invites E-Tenders against Tender No. DRM-Snt-ADI-Sig 10 of 2021-22 closing date 30-06-2021, 15:00 Bidders will be able to submit their original/revised bids upto closing date and time only. Manual offers are not allowed against this tender, and any such manual offer received shall be ignored. **Tender No. DRM-Snt-ADI-Sig 10 of 2021-22 (1) Name of Work:** Part supply of signaling material, installation, testing and commissioning in connection with interlocking of 03 LC gates between Viramgam-Samakhilyal and Palanpur-Samakhilyal section in Ahmedabad Division. (2) **Estimated Cost of Work:** ₹ 1,13,70,909.92/- (Rs. One Crore Thirteen Lakh Seventy Thousands Nine Hundred Nine Rupees and Ninety Two Paise only) (3) **EMD:** ₹ 0.00/- (The Bidders should be submitted Bid security Declaration in lieu of Bid Security/Earnest money Deposit) (4) **Date & Time of closing of tender and opening of tender:** Not later than 15:00 hrs. of 30-06-2021 and Opening on 30-06-2021 at 15:30 hrs. (5) **Website of E-Tendering:** www.irops.gov.in

Follow us on [Twitter/WesternRly](https://twitter.com/WesternRly)

FORM G - INVITATION FOR EXPRESSION OF INTEREST
 (Under Regulation 36A (1) of the Insolvency and Bankruptcy (Insolvency Resolution Process for Corporate Debtors) Regulations, 2016)

RELEVANT PARTICULARS

1. Name of the Corporate Debtor	DOSH HOLDINGS PRIVATE LIMITED
2. Date of incorporation of corporate debtor	05th March, 1986
3. Authority under which corporate debtor is incorporated / registered	Registrar of Companies, Mumbai, India, under the Companies Act, 1956
4. Corporate identity number / limited liability identification number of corporate debtor	U65990MH1986PTC039120
5. Address of the registered office and principal office (if any) of corporate debtor	58, Nariman Bhavan, Nariman Point Mumbai, Maharashtra-400021
6. Insolvency commencement date of the corporate debtor	19th February, 2021 (Order uploaded on NCLT website on 23rd February, 2021)
7. Date of invitation of expression of interest	05th June, 2021
8. Eligibility for resolution applicants under section 25(2)(h) of the Code is available	Details are available at dhpl.cip@gmail.com or can be obtained by sending an email to dhpl.cip@gmail.com
9. Norms of ineligibility applicable under section 29A are available at:	Details are available at dhpl.cip@gmail.com or can be obtained by sending an email to dhpl.cip@gmail.com
10. Last date for receipt of expression of interest	21st June, 2021 (before/ by 7 pm)
11. Date of issue of provisional list of prospective resolution applicants	22nd June, 2021
12. Last date for submission of objections to provisional list	27th June, 2021
13. Date of issue of final list of prospective resolution applicants	29th June, 2021
14. Date of issue of information memorandum, evaluation matrix and request for resolution plans to prospective resolution applicants	27th June, 2021
15. Manner of obtaining request for resolution plan, evaluation matrix, information memorandum and further information	Eligible prospective resolution applicants set out as per S. No. 8 and after executing the Non-Disclosure Agreement/undertaking can get request by email in electronic form.
16. Last date for submission of resolution plan	27th July, 2021
17. Manner of submitting resolution plans to resolution professional	In electronic form and followed by Post or by hand delivery in sealed envelope
18. Estimated date for submission of resolution plan to the Adjudicating Authority for approval	07th August, 2021
19. Name and registration number of the resolution professional	Kanak Jani IBBI/IPA-001/IP-P-01757/2019-2020/12685
20. Name, Address and e-mail of the resolution professional, as registered with the Board	Kanak Jani 17, Sai Moreshwar Luxuria, Plot No. 74, Sector 18, Kharphar, Next to Sanjeevani International School, Navi Mumbai, Maharashtra - 410210 Email: kanakjani@yahoo.com
21. Address and email to be used for correspondence with the Resolution Professional	Kanak Jani Sun Resolution Professionals Pvt Ltd, 4th Floor, Indian Mercantile Mansion Extn, Madame Cama Road, Colaba, Mumbai - 400005 Email: dhpl.cip@gmail.com
22. Further Details are available at or with	Can be obtained by sending email dhpl.cip@gmail.com
23. Date of publication of Form G	05th June, 2021

Kanak Jani
 Resolution Professional
 Doshi Holdings Private Limited
 IBBI/IPA-001/IP-P-01757/2019-2020/12685
 Date: 05th June, 2021
 17, Sai Moreshwar Luxuria, Plot No. 74, Sector 18, Kharphar, Next to Sanjeevani International School, Navi Mumbai, Maharashtra - 410210

MUMBAI BUILDING REPAIRS & RECONSTRUCTION BOARD
 (A REGIONAL UNIT OF)
 Ex. Engineer F-North Divn, Sonawala Bldg, S. R. Palaw Marg, Dafar (E), Mumbai-400 014.
 Website : <https://mhada.maharashtra.gov.in>,
 Email : reefnmhada@gmail.com

E-TENDER NOTICE (IInd Call)

Percentage rate E-Tender for following works in the division of Executive Engineer F - North of Mumbai building Repair and Reconstruction Board is invited from **Experienced Contractors** registered under appropriate class.

Sr. No.	Name of Works	Cost of blank tender Rs.
1	Sweeping and Cleaning at Bldg no.T-1 to T-19, T-61 to T-67 at Pratiksha Nagar Transit Camp, Sion, F/N Div (Period 12 Month)	560

Blank E-Tender form fee and EMD will be accepted only online through State-Bank of India or other Bank.

The details of works such as Name of work, Cost put to Tender etc. and Blank E-Tender forms will be available on 8.06.2021 from 10.05 AM on website <https://mahatenders.gov.in>

Help support: - 1800 3070 2232
 Mobile:- +91-7878007972
 +91-7878007973
 Email: - eprocc.support@mahatenders.gov.in

Sd/-
Executive Engineer, F/N Div.
M. B. R. & R Board

MHADA - Leading Housing Authority in the Nation
 CPRO/A/242

Thyrocare
 The Trust. The Truth.

Thyrocare Technologies Limited
 Reg. Off: D-37/1, TTC Industrial Area, MIDC, Turbhe, Navi Mumbai- 400 703
 Phone: 022- 2762 2762 Fax: 022- 2768 2409
 CIN: L85110MH2000PLC12388
www.thyrocare.com Email: investor_relations@thyrocare.com

NOTICE OF 21ST ANNUAL GENERAL MEETING THROUGH VC/OAVM/AND REMOTE E-VOTING INFORMATION

Notice is hereby given that the 21st Annual General Meeting of the Company will be held on Saturday, June 26, 2021, at 3.00 P.M. through Video Conferencing (VC) / Other Audio Visual Means (OAVM), in accordance with the General Circulars No. 14/2020 dated April 08, 2020, No. 17/2020 dated April 13, 2020, No. 20/2020 dated May 05, 2020 and No. 02/2021 dated January 13, 2021, issued by the Ministry of Corporate Affairs (MCA Circulars), and Circulars No. SEBI/HO/CFD/CMD1/CIR/P/2020/79 dated May 12, 2020 SEBI/HO/CFD/CMD1/CIR/P/2021/11 dated January 15, 2021 issued by Securities and Exchange Board of India (SEBI Circulars) to transact the Ordinary and Special Business set out in the Notice of the Meeting which have been sent through e-mail to all those shareholders whose mail-ids are registered with the Company's Registrar & Share Transfer Agents/ Depository Participant(s).

The electronic dispatch of the Notice of Annual General Meeting and Annual Report has been completed on June 04, 2021. The Notice of the AGM and the Annual Report 2020-21 are available on the website of the Company at www.thyrocare.com, and are also available on the website of NSE at www.nseindia.com BSE at www.bseindia.com and CDSL at www.evotingindia.com.

In accordance with the provisions of Sec. 108 of the Companies Act, 2013, read with Rule 20 of the Companies (Management and Administration) Regulations, 2014, as amended from time to time and Regulation 44 of SEBI (Listing Obligations & Disclosure Requirements) Regulations, 2015, and the Secretarial Standards on General Meetings (SS2) issued by the Institute of Company Secretaries of India, the Company is providing e-voting facility provided by CDCL. To all the Members holding shares either in physical form or dematerialized form, as on the cut-off date, viz. June 18, 2021, may cast their vote electronically on all the items of Ordinary and Special Business set out in the Notice of the Annual General Meeting, through electronic voting system of Central Depository Services (India) Limited (CDCL). The Company has engaged the services of CDCL for providing its members the facility of remote e-voting and e-voting during AGM. The detailed procedure of remote e-voting and e-voting during AGM has been provided as a separate attachment to AGM Notice. All the members are informed that: -

- All the items of Ordinary and Special Business set out in the Notice of the Annual General Meeting may be transacted through voting by electronic means;
- The remote e-voting shall commence on Wednesday, June 23, 2021 at 9:00 A.M.;
- The remote e-voting shall end on Friday, June 25, 2021 at 5:00 P.M.;
- The cut-off date for determining the eligibility to vote by electronic means or during AGM is Friday, June 18, 2021 (end of the Day).
- E-voting by electronic mode shall not be allowed beyond 5:00 P.M. on June 25, 2021;
- Any person, who acquires shares of the Company and becomes member of the Company after dispatch of the Notice of the Annual General Meeting and holding shares as of the cut-off date i.e., June 18, 2021 may follow the same procedure for e-Voting as mentioned in the Notice;
- Members may note that: a) the remote e-voting module shall be disabled by CDCL after 5:00 P.M. on June 25, 2021 and once the vote on a resolution is cast by the members, the members shall not be allowed to change it subsequently; b) the members who have cast their vote by remote e-voting prior to the Annual General Meeting may also participate at the Annual General Meeting but shall not be entitled to cast their vote again; and c) a person whose name is recorded in the register of members or in the register of beneficial owners maintained by the depositories as on the cut-off date only shall be entitled to avail facility of remote e-voting prior to the AGM or voting during the AGM; d) Any person holding shares in physical form and non-individual shareholders who acquires shares of the Company and becomes a member of the Company after sending notice and holding shares as of the cut-off date, may obtain the login ID and password for casting his/her vote and for attending the AGM by sending a request at helpdesk.evoting@cdslindia.com. However, if he/she is already registered with CDCL for remote e-Voting then he/she can use his/her existing User ID and password for casting the vote.

The Board of Directors have appointed M/s. S. Anantha & Ved LLP, Practicing Company Secretaries as the Scrutinizer to scrutinize the e-voting process in fair and transparent manner.

In case you have any queries or issues regarding e-voting, you may refer the Frequently Asked Questions ("FAQs") and e-voting manual available at www.evotingindia.com, under help section or write an email to helpdesk.evoting@cdslindia.com. Members can call on no: 022- 23058542/43 or contact Mr. Rakesh Dalvi, Senior Manager, A Wing, 25th Floor, Marathon Futurex, Mafatlal Mills Compound, N M Joshi Marg, Lower Parel (East), Mumbai- 400013, Email - helpdesk.evoting@cdslindia.com for grievances connected with e-Voting.

For Thyrocare Technologies Limited
 Sd/-
 Ramjee Dorai
 Head (L & S) & Company Secretary

Place: Navi Mumbai
 Date: 04-06-2021

Google to soon warn Chrome users for risky downloads

AGENCIES
 San Francisco

In a bid to help Chrome users against phishing attempts while browsing, Google is launching new safety features along with a new scanning tool for risky downloads. Launched last year, the 'Enhanced Safe Browsing' feature will now offer additional protection when you install a new extension from the Chrome Web Store.

"A dialog will inform you if an extension you're about to install is not a part of the list of extensions trusted by Enhanced Safe Browsing," said Varun Khaneja, Chrome Security.

If you choose to send the file, Chrome will upload it to Google Safe Browsing, which will scan it using its static and dynamic analysis classifiers in real time. "After a short wait, if Safe Browsing determines the file is unsafe, Chrome will display a warning. As always, you can bypass the warning and open the file without scanning. Uploaded files are deleted from Safe Browsing a short time after scanning," added Badr Salmi, Google Safe Browsing.

According to Google, 'Enhanced Safe Browsing' users are successfully phished 35 percent less than other users. "Starting with Chrome 91, we will roll out new features to help Enhanced Safe Browsing users better choose their extensions, as well as offer additional protections against downloading malicious files on the web," the company said in a blog post. -IANS

BRINGING UP FATHER / FRANK JONSON

THE MOTOR STALLED! DON'T WORRY! GROOVER KNOWS WHAT TO DO!

DENNIS THE MENACE

GRAPE JUICE ON THE COUCH! THAT'S JUST GREAT!! SEE, JOEY, DON'T WORRY THAT'S GREAT!!

BLONDIE / Dean Young & Mile Gersher

WHO! THIS BLIZZARD IS GETTING THICK! AWESOME!!

WHAT IF WE GET STUCK HERE BECAUSE OF ALL THE SNOW? COOL! WE COULD BE STRANDED HERE FOR DAYS!

FUNNY, I DIDN'T HEAR YOUR MOM CALLING YOU ME NEITHER!

Crossword #111

Across

- Monosaccharide (6)
- Faraway place (8)
- Quentin Tarantino's Unchained (6)
- Powdered tobacco (5)
- Muezzin's call to prayer (4)
- Mister in German (4)
- Make indistinct (4)
- Ireland's Lingus (3)
- Actor Guinness (4)
- Inflammatory disease (4)
- Manage in a competent way, in a way? (4,5)
- Verdi heroine (4)
- Bluish-white metal (4)
- Suffix to denote continuation? (3)
- Defensive ditch (4)
- Until now (2,2)
- Massive wild ox (4)
- Banquet (5)
- Legal scholar (6)
- Alter appearance (8)
- Inuit (6)

Down

- Stow away (5)
- Love affair (5)
- Whiff (4)
- A fast-growing Chinese and Japanese climbing (21)
- Domestic swine (3)
- up a cigarette: (5)
- Comparison word (4)
- Small seal (6)
- A confused language (6)
- Born in France? (3)
- Impostor (5)
- A Spanish fortress or palace (7)
- canto (3)
- Eighth mo. (3)
- South American animals like the camel (6)
- When expected (5)
- Up a cigarette: (3)
- began to smoke a cigarette? (3)
- Cancels, makes void (6)
- Auxiliary Territorial Serv. (3)
- Surpass (5)
- Contagious fear (5)
- Aquatic creature (5)
- Ex-India President (4)
- Perplexed, becomes or makes hazy (4)

Solution

Across: 25 Ahs, 28 Urdu, 30 Panic, 31 Oker, 32 Gh, 33 Fogs.
 15 Bel, 16 Aug, 18 Lames, 20 Omeat, 21 Pig, 22 Lf, 23
 Down: 1 Stars, 2 Amour, 3 Puff, 4 Kudu, 5 Than, 6 Signer, 7 Jaragon, 11 Nee, 12
 34 Gaur, 35 Feat, 36 Junt, 37 Disjunct, 38 Eskimo.
 17 Ate, 19 Gnat, 21 Pfl, 22 Pll, 23 Alda, 24 Zinc, 25 Ng, 27 Meaz, 29 Ip, 32
 4 Keteoz, 7 Timburtu, 8 Django, 10 Smtf, 13 Azen, 14 Hent, 15 Blur, 16 Aet.

Smart Kids Corner

One-legged Jumper

DAREDEVILS

AT the beginning of the century, one of the most popular entertainers touring America and Europe was a one-legged man named Gifford.

Gifford was an American. He specialised in jumping off high places on a bicycle. In London, he pedalled off a platform 95 feet above the ground and landed in the flooded arena below still seated upright on the machine. This is what amazed the onlookers. How did he continue to stay atop the bicycle as it fell? Others who tried it came to grief. The bicycle would overturn in mid-air and the rider would invariably fall on his back in the water and the cycle would land on top of him. A German who made fun of the stunt and claimed he could do it easily changed his tune when he actually pedalled off a plank himself. He lost several teeth when the bicycle fell on him and the handlebar went through his cheek.

Gifford himself felt that his success had something to do with the fact that he had only one leg.

LIGHTER SIDE

Tech Support Tale

Caller: Hello, is this Tech Support?
 Agent: Yes, it is. How may I help you?
 Caller: The cup holder on my PC is broken. How do I fix it?
 Agent: I'm sorry, but did I hear you say cup holder?
 Caller: Yes, it's attached to the front of my computer.
 Agent: It is? How did you get this cup holder? Does it have any trademark on it?
 Caller: It came with my computer, I don't know anything about a trademark. It just has '4X' on it.

At this point the agent realized that the caller had been using the load drawer of the CD-ROM drive as a cup holder, and snapped it off the drive!

4441 | © 2021 Amrita Bhatti, Bharghya Vidya Bhawan

GUIDING LIGHT
Finding happiness in little things
 - Rajesh Mohan Rai

In our search for happiness, we always focus on the big things in life. However, no matter how good those big things make us feel, the happiness is short-lived, the happiness fades gradually. These big events or things don't happen daily. We have the liberty to be happy by looking at little things which occur more in number, or we can say daily. We tend to overlook these little things without realising that these little things play an important role in nourishing our body, mind and soul. These little things bring real and lasting happiness. In today's world, it has become even more important to appreciate the little things which give us happiness.

If you are not sure how to go about finding happiness in small little things, work on the following. By practising the habits mentioned below you would start inviting happiness into your heavily scheduled life.

Being mindful: Live in the present moment. Notice the small things which bring a smile to your face, this could be by watering your plants in the morning or crashing into a bed with fresh sheets. When you look back at these moments you may realise that these were really big moments during that period of life.

Being grateful: Expressing gratitude for things which you have makes you feel better and happier. Gratitude is known to show positive effects on your physical, mental, emotional and spiritual well-being. This reduces the stress, allowing you to have a good sleep, positively impacting the next day.

Being kind: Helping others makes us feel happy. Being kind to everyone around you whether family, friends, neighbours even strangers deepen the relationship and gives more meaning to your life. You could notice that when you are being kind or help someone there is a pleasant smile on your face.

Being your own friend: As mentioned in the previous point that being kind to others makes us happy, being kind to yourself is equally important. Treat yourself daily as you would treat your very close friend whom you have met after years. Spend some exclusive time with you, pamper yourself with a hot chocolate, accept your imperfections. Love yourself unconditionally.

(The writer is a Delhi based Master Coach and a Motivational Speaker)

FPJ - SUDOKU - 15 Level: Very Easy

9		2				4
5	4				3	6
3	6				9	2
		8	5	9	3	6
		3	2	1	8	9
2	7				6	9
4	9				7	3
8		4				5

WHAT TO DO: Fill in the grid so that every row, every column and every 3x3 box contains the digits 1 to 9. Every puzzle has only one correct solution.

By Nilikash P. Pradhan

ARIES: Don't make hasty career decisions. Take your time and do a proper analysis before kick-starting your personal initiative. Avoid attending social gatherings if possible, stay home.

GEMINI: Before making any financial commitment, it is advisable that you do an in-depth analysis of how it may affect your money-wise. Stay away from complicated issues.

LEO: Though you are very proficient at work, today do cross-check your work as you may make mistakes. Increased workload will also up stress. Avoid arguing with your partner.

LIBRA: You will be more clear about your goals. The road to success will be more smooth now. Be diplomatic and tactful while handling a difficult situation. Love life needs attention.

SAGITTARIUS: Stick with what you know best and don't attempt to go beyond your current remit, keep your aims at a modest level. You have the potential to progress in the long run.

CAPRICORN: Competition will be at an all-time high, so be prepared and face it with courage. Don't lose your cool. Work relentlessly. Speculations will bring expected returns.

AQUARIUS: If you really don't feel like socializing, don't let others inveigle you into something that'll make you irritable. Misunderstandings are likely to crop on the business.

PISCES: You will realize the importance of being fit and work round the clock to remain robust! A balanced diet and adequate sleep can keep you in the pink of your health.



पुढारी
सिंहासनात्तु पुढारी एवम्

Thyrocare®

The Trust. The Truth.

थायरोकेअर टेक्नोलॉजीज लिमिटेड

नोंदणीकृत कार्यालय: डी-३७/१, टीटीसी औद्योगिक क्षेत्र, एमआयडीसी, तुर्गे, नवी मुंबई- ४००७०३.

दूरध्वनी : ०२२-२७६२ २७६२ फॅक्स: ०२२-२७६८ २४०९

कॉर्पोरेट कार्यालय : डी- ३७/३, टीटीसी इंडस्ट्रियल क्षेत्र, एमआयडीसी, तुर्गे, नवी मुंबई- ४००७०३.

दूरध्वनी : ०२२-२७६२ २७६२ फॅक्स: ०२२-२७६८ २४०९

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व्हीसी/ओव्हीएममार्फत २१ व्या वार्षिक सर्वसाधारण सभेची नोटीस व परोक्ष ई-मतदान माहिती

या पत्रकाद्वारे असे सूचित करण्यात येत आहे कि,

कॉर्पोरेट अफेअर्स मंत्रालय (एम सी ए परिपत्रके) तर्फे जारी करण्यात आलेल्या जनरल परिपत्रक क्रमांक १४/ २०२० दिनांक ८ एप्रिल २०२०, क्रमांक १७/२०२० दिनांक १३ एप्रिल २०२०, क्रमांक २०/२०२० दिनांक ५ मे २०२० आणि क्रमांक २/२०२१ दिनांक १३ जानेवारी , २०२१ आणि सेकुरीटीस एन्ड एक्सचेंज बोर्ड ऑफ इंडिया(सेबी परिपत्रके, तर्फे जारी परिपत्रके यांच्या अनुषंगाने कंपनीची वार्षिक सर्वसाधारण सभा (ए जी एम) रविवार दिनांक २६ जून २०२१ रोजी दुपारी ०३:०० वाजता व्हिडीओ कॉन्फरेंसिंग (वी सी) / इतर ऑडिओ/ व्हिडीओ माध्यमांमार्फत (ओ ए वी एम) क्रमांक सेबी SEBI/HO/CFD/CMD1/CIR/P/2020/79 दिनांक १२ मे २०२०, सेबी SEBI/HO/CFD/CMD1/CIR/P/2021/11 दिनांक १५ जानेवारी २०२१.

सर्व साधारण आणि विशेष व्यवसाय व्यवहार संबंधित बैठकीत घेतलेल्या सूचना सर्व समभागधारकांना कंपनीच्या कुल सचिव व समभाग हस्तांतरणीय व्यक्ती यांच्या कडील नोंदणीकृत ई-मेल ईद वर पाठवण्यात आल्या आहेत/

वार्षिक सर्वसाधारण सभा (एजीएम) आणि वार्षिक अहवाल यांची सूचना इलेक्ट्रॉनिक पद्धतीने ४ जून, २०२१ रोजी पूर्ण आली आहे/

ए जी एम ची सूचना आणि २०२०-२१ चा वार्षिक अहवाल कंपनी च्या वेब साईट वर www.thyrocare.com तसेच एन एस ई www.nseindia.com, बी एस ई, www.bseindia.com आणि सी डी एस एल च्या www.evotingindia.com वेब साईट वर उपलब्ध आहे.

कंपनी अधिनियम, २०१३ च्या कलम १०८, कंपनी (व्यवस्थापन आणि प्रशासन) अधिनियम २०१४ नियम २० आणि सेबी नियम २०१५ च्या ४४ वी नियमानुसार आणि इन्स्ट्रूट्यूट ऑफ कंपनी सेक्रेटरीस ऑफ इंडिया यांच्या द्वारे जारी करण्यात आलेल्या सेक्रेटरीअल स्टॅंडर्ड्स (एस एस २) नुसार, सर्व भौतिक स्वरूपात व डिमटेरिअलइन्ड सी डी एस एल द्वारे ई वोटिंग सुविधा देण्यात आली आहे.

ए जी एम दरम्यान रिमोट ई वोटिंग आणि ई वोटिंग करण्या करिता कंपनीने सी डी एस एल ची सेवा आरक्षित केली आहे.

ए जी एम दरम्यानची रिमोट ई वोटिंग आणि ई वोटिंग बाबतची सर्व प्रक्रिया विस्तृतपणे ए जी एम नोटीस सोबत देण्यात आली आहे.

i. वार्षिक सर्वसाधारण सभेच्या सूचनेत नमूद केलेल्या सामान्य आणि विशेष व्यवसायातील सर्व वस्तू इलेक्ट्रॉनिक पद्धतीने मतदानाद्वारे व्यवहार केला जाऊ शकतात.

ii. परोक्ष ई-मतदान शुक्रवार, २३ जून २०२१ रोजी सकाळी ९.०० वाजता सुरू होईल;

iii. परोक्ष ई-मतदान शुक्रवार २५ जून, २०२१ रोजी सायंकाळी ५:०० वाजता बंद होत आहे

iv. एजीएमच्या दरम्यान इलेक्ट्रॉनिक पद्धतीद्वारे मतदानाकरिता निर्धारित करण्याची पात्रता निश्चित करण्यासाठी कट ऑफ तारीख शुक्रवार १८ जून, २०२१ (दिवसाचा शेवट) आहे.

v. इलेक्ट्रॉनिक मोडद्वारे ई-मतदानास २५ जून, २०२१ रोजी सायंकाळी ०५:०० च्या पुढे परवानगी नाही.

vi. कोणतीही व्यक्ती, जी कंपनीचे शेअर्स धारक आहे व कंपनी चे सभासद आहेत आणि त्यांना वार्षिक सर्वसाधारण सभेची नोटीस पाठवल्यानंतर आणि दुसऱ्या कट ऑफ तारखेला म्हणजेच १८ जून, २०२१ रोजी शेअर्स ठेवून कंपनीचा सदस्य बनला असेल, ती ई- वोटिंग साठी समान पद्धतीचा अवलंब करू शकेल.

vii. सदस्यांनी हे लक्षात घ्यावे:

अ) ई-मतदान मॉड्यूल सीडीएसएलद्वारे ५:०० वाजता नंतर अक्षम केले जाईल. २५ जून, २०२१ रोजी आणि एकदा सदस्यांकडून ठरावावर मत दिल्यास सदस्यांना त्यानंतर ते बदलण्याची मुभा दिली जाणार नाही;

ब) वार्षिक सर्वसाधारण सभेपूर्वी ज्या सदस्यांनी ई-वोटिंगद्वारे मतदान केले असेल ते वार्षिक सर्वसाधारण सभेलाही सहभागी होऊ शकतात परंतु त्यांना पुन्हा मतदानाचा हक्क मिळणार नाही; आणि

क) ज्या व्यक्तीचे नाव सदस्यांच्या नोंदीमध्ये किंवा ठेव तारखेस ठेवीदारांनी राखून ठेवलेल्या फायदेशीर मालकांच्या नोंदीमध्ये नोंदवले गेले असेल त्याला फक्त एजीएम किंवा मतदानापूर्वी ई-मतदान सुविधेचा लाभ मिळण्यास पात्र असेल.

ड) कोणतीही व्यक्ती जी प्रत्यक्ष स्वरूपात शेअर्स ठेवत असेल आणि कंपनीच्या शेअर्सचा ताबा न घेतलेला वैयक्तिक भागधारक आणि नोटीस पाठवल्यानंतर आणि कट ऑफ तारखेला समभाग धारण करून कंपनीचा सदस्य बनला असेल तर तो / ती मत वापरण्यासाठी आपला / तिचा विद्यमान वापरकर्ता आयडी आणि संकेतशब्द वापरू शकतो आणि helpdesk.evotingindia.com वर विनंती पाठवून एजीएममध्ये सहभागी होण्यासाठी. तथापि, जर त्याने रिमोट ई मतदानासाठी अगोदरच सीडीएसएलकडे नोंदणी केली असेल तर तो आपला विद्यमान यूजर आयडी आणि संकेतशब्द मतदान करण्यासाठी वापरू शकतो.

जर ई-मतदानासंदर्भात आपल्याकडे काही शंका किंवा प्रश्न असल्यास, आपण www.evotingindia.com वर ई-मतदान पुस्तिका वर उपलब्ध असलेले F-Qs पाहू शकता या helpdesk.evotingcdsindia.com वर ईमेल करू शकता.

सदस्य क्रमांक ०२२-२३०५८५४२/४३ वर संपर्क साधू शकता किंवा श्री. राकेश टळवी, वरिष्ठ मॅनेजर, ए विंग, २५वा मजला, मॅरिथॉन फ्लूव्हॅस, मफतलाल मिल्स कपाऊड, एनएम जोशी मार्ग, लोअर फ्लॅट (पूर्व), मुंबई- ४०००१३. ई वोटिंग संबंधित माहिती चौकशीकरिता ईमेल - helpdesk.evoting@cdsindia.com.

थायरोकेअर टेक्नोलॉजीज लिमिटेडसाठी

सही/-

रामजी दोगर्ड

मुख्य (एल अँड एस) आणि कंपनी सचिव

ठिकाण: नवी मुंबई

तारीख: ०४-०६-२०२१

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