

September 29, 2022

То,	То,
The General Manager,	National Stock Exchange of India Limited
Department of Corporate Services,	Exchange Plaza, 5 th Floor,
BSE Limited,	Plot No. C/1, G Block,
P.J. Towers, Dalal Street,	Bandra Kurla Complex, Bandra (East),
Mumbai – 400 001	Mumbai – 400 051
Scrip Code: 507552	Symbol: FOODSIN

Dear Sir/Madam,

Subject: Intimation regarding closure of Trading Window

Dear Sir/Madam,

This is to inform you that in terms of Company's "Code for Fair Disclosure and Conduct and for Prevention of Insider Trading", the Trading Window for dealing in the shares of the Company will be closed from October 1, 2022 till the end of 48 hours after the declaration of half year and quarter financial results ended September 30, 2022.

This is for your information and records.

Thanking You

For FOODS AND INNS LIMITED

RANDEEP KAUR Company Secretary & Compliance Officer