

Date: 14.03.2022

To,
BSE Limited,
Corporate Relations Department,
Phiroze Jeejeebhoy Towers,
Dalal Street, Mumbai 40001.

To,
National Stock Exchange of India Limited
Exchange Plaza, Plot No. C/1, G Block,
Bandra Kurla Complex, Bandra (East),
Mumbai 400051.

Our selves: BSE Scrip Code: 540203 NSE Symbol: SFL
Ref: Regulation 30(6) of SEBI (LODR) Regulations, 2015 read with
Schedule III - Part A - Para A - Clause 15(a)

Dear Sirs,

Sub. : Intimation of Analyst Meet

Pursuant to Regulation 30(6) read with Schedule III - Part A - Para A - Clause 15(a) of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, kindly note that on 15th March 2021, the representatives of the Company will have a virtual Investors Conference hosted by M/s. Valorem Advisors to discuss in detail about the ordinary course of business and industry which shall be published on the company's investor presentation available on the exchanges and website of the company.

This Information is submitted to the exchange pursuant to the regulation 30 (6) of the securities and exchange board of India (Listing obligations and disclosure requirements), regulations, 2015.

We request you to take the above on your record.

For Sheela Foam Limited,


Md. Iqbal Ahmad

Company Secretary & Compliance Officer

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