

September 19, 2019

To

The BSE Limited  
Phiroze Jeejeebhoy Towers  
Dalal Street, Mumbai-400001  
Scrip Code: 540203

The National Stock Exchange India Limited  
Exchange Plaza, Bandra Kurla Complex  
Bandra(E), Mumbai-400051  
NSE Symbol: SFL

Subject: Certificate pursuant to Regulation 40(9) of the Securities and Exchange Board of India (Listing obligation and Disclosure Requirements) Regulations, 2015

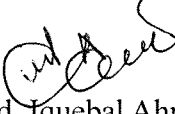
Dear Sir/Madam

Please find enclosed the certificate under Regulation 40(9) of the Securities and Exchange Board of India (Listing obligation and Disclosure Requirements) Regulations, 2015 for the half year ended September 30, 2019.

This is for your information and record.

Thanking you,

Yours truly,  
For Sheela Foam Limited



(Md. Iquebal Ahmad)  
Company Secretary & Compliance Officer

**SHEELA FOAM LTD.**

37/2, Site-IV, Sahibabad Industrial Area, Ghaziabad, U.P. - 201010, India  
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Toll Free: 1800 103 6664 • [www.sleepwellproducts.com](http://www.sleepwellproducts.com) • [www.sheelafoam.com](http://www.sheelafoam.com)  
CIN-L74899DL1971PLC005679

**CERTIFICATE UNDER REGULATION 40 (9) OF SEBI (LISTING  
OBLIGATIONS AND DISCLOSURE REQUIREMENTS) REGULATIONS, 2015**

**For The Half Year Ended 30<sup>th</sup> September, 2019**

We have examined all Share Transfer Deeds, Memorandum of Transfers, Registers files and other documents relating to **Sheela Foam Limited** maintained by **Link Intime India Private Limited** pertaining to transfer of equity shares of the company for the period from **1<sup>st</sup> April, 2019 to 30<sup>th</sup> September, 2019** for the purpose of issuing a Certificate as per Regulation 40 (9) the Listing Regulation. I hereby certify that the company has delivered during half year ended on **30<sup>th</sup> September, 2019**:

A) Share Certificate(s) relating to the transfer of Shares received during the period from **1<sup>st</sup> April, 2019 to 30<sup>th</sup> September, 2019** as entered in the Memorandum of Transfer have been issued within fifteen days of the date of lodgement for transfer, sub-division, consolidation, renewal, exchange or endorsement of calls / allotment monies from respective date of lodgement of each deed excepting those rejected on technical grounds.

B) Any other information , if applicable : Nil

**For AVA Associates**

Company Secretaries



**Amitabh**

Partner

CP- 5500

Place: New Delhi

Dated: 09.10.2019

UDIN: A014190A000043109