



# Munoth Communication Limited

(Formerly Munoth Investments Ltd)

Regd Office : Munoth Centre, Suite No. 48 11rd Floor, 343, Triplicane High Road, Chennai - 600 005. INDIA  
Phone : 91-44-2859 1190 Fax : 91-44-2859 1189 E-mail : info@munothcommunication.com  
CIN : L65991TN1984PLC010816

November 3, 2022

M/s. Bombay Stock Exchange Limited,  
Phiroze Jheejeebhoy Towers,  
Dalal Street,  
Mumbai- 400 001

Dear Sir,

**Sub: Intimation pursuant to Regulation 47 of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 – Newspaper publication of Notice for Board Meeting to consider, approve and take on record the unaudited financial results (Standalone and Consolidated) for the Second quarter ended 30/09/2022**

Pursuant to Regulation 47 of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, we have enclosed the published notice of the Board Meeting scheduled to be held on November 9, 2022 to consider, approve and take on record the unaudited financial results (Standalone and Consolidated) for the Second quarter ended September 30, 2022 in one English language national daily and in one daily newspaper published in the language, where the registered office of the company is situated.

Kindly take the same on records.

Thanking you,

Sincerely,

For Munoth Communication Limited

Jinal Jain

Company Secretary



# Health Matters

## Female, male travellers experience similar change

A new University of Otago-led study has revealed men and women experience change while travelling in similar ways.

Consumers are increasingly seeking activities that help them achieve new levels of enrichment and since the lift of COVID-19 travel restrictions, they are more conscious of the value they want to gain from their holidays.

The study examines male and female travellers' subjective travel experiences and identifies nine types of tourist transformation, a process people undergo when they experience change during a trip.

Lead author Dr Jessica Mei Pung, of the Department of Marketing, says of the types identified, there was a significant difference between men and women's experiences in just two - reflection and transformative learning outcomes.

"Female travellers have



a greater engagement in consciousness and self-examination compared with males," Dr. Pung says.

"Secondly, female travellers show a greater achievement of self-efficacy as a result of facing challenges and solving problems during their trips.

"Holiday experiences are an opportunity for female travellers to reflect more on their personal relationships, while males might have a less reflective approach to change and be more oriented towards mastering a specific activity."

that can deliver different types of experiences and benefits. As a result, tourism operators need to rethink how they communicate the offering to their male customers as effectively as they do to their female customers."

Interestingly, the study, which surveyed 514 people, reveals men and women experience the other seven types of tourist transformation in similar ways.

"For example, there are no differences in how they experience the distance from their everyday lives, or in their levels of immersion in nature and in the social dynamics of the holiday activities.

"Independence, freedom and self-confidence are equally perceived by both sets of respondents, showing that feelings of empowerment do not represent an outcome exclusive to women travellers."

The study provides useful knowledge for the design of transformative tourism products and services. Research comparing female tourists' transformations with males' is limited and is reflected in the tourism experiences on offer.

For women, there are getaway packages and wellbeing retreats, while men are targeted with more general offerings, especially within sports tourism.

"There is an untapped market for transformative trips that are not necessarily portrayed as feminine or masculine but

## Blue light treatment improves sleep in PTSD patients

People with post-traumatic stress disorder (PTSD) experienced better sleep, a reduction in the severity of PTSD symptoms and more effective treatments after exposure to blue light therapy, according to a new study conducted by researchers in the University of Arizona College of Medicine.

Sleep is crucial for maintaining physical and mental health, and inadequate sleep over time can impact all aspects of life with serious implications for long-term health, relationships, cognitive abilities such as learning, and healing.

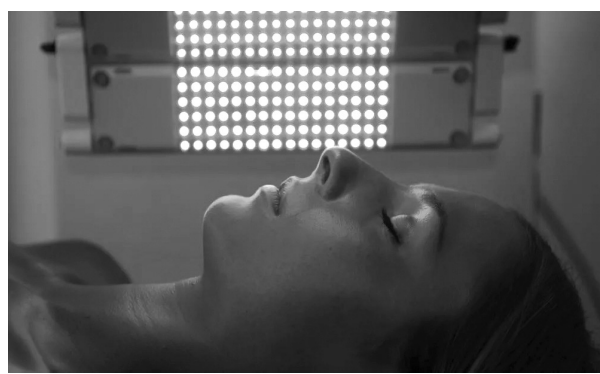
The influence of sleep disruption on PTSD symptom severity is well established. Those who seek treatment to allay their PTSD symptoms often face a vicious cycle where poor sleep interferes with the effectiveness of treatments, negating any lessening of symptoms, which in turn contributes to sleep disruptions. To reduce and eliminate the emotional impact of traumatic memories, the patient needs quality sleep to integrate healing

mechanisms achieved through cognitive or exposure therapy treatments.

"This research is exciting and unique because it points to an easy-to-use method for helping those with PTSD to retain the benefits of therapy long after the treatment ends," said psychiatry professor William "Scott" Killgore, PhD, director of the Social, Cognitive and Affective Neuroscience (SCAN) Lab and senior author on the paper. "Morning blue light treatment improves sleep complaints, symptom severity, and retention of fear extinction memory in post-traumatic stress disorder."

Dr. Killgore and the SCAN Lab team conducted a comprehensive assessment of daily morning blue-wavelength light exposure on individuals with clinically significant levels of PTSD. The goal was to ascertain if blue light therapy would help improve sleep and PTSD symptoms and sustain learned fear extinction memories, an analog of therapeutic treatment for trauma.

Study participants



committed to 30 minutes of morning light exposure daily for six weeks, with half of the participants using blue-wavelength light and half using amber light. Researchers examined the neurobiological, autonomic and behavioral outcome changes during the study.

The 43 participants who received blue light therapy not only demonstrated significant improvements in the severity of their PTSD symptoms, but also reported improvements in sleep and showed an increased retention of fear extinction memories. In comparison, the 39 study participants who received amber light did not show the same retention of the extinction memories, but rather showed a return of

the original fear memories. "While the limitations of the research include its modest sample size and difficulties monitoring compliance, the possibilities of utilizing a treatment that is relatively simple, drug-free and inexpensive can offer hope for the large population of people living with the intense challenges of post-traumatic stress disorder," Dr. Killgore said.

"The data are thrilling," said Jordan Karp, MD, professor and chair of the College of Medicine - Tucson's Department of Psychiatry. "This nonpharmacological intervention is a promising life-changing and life-saving possibility for people suffering from PTSD."

## Innovative mental health initiative for young

The Policymakers Forum for Mental Health, India spearheaded a panel discussion at the Grand Challenges Annual Meeting in Brussels recently, to discuss the challenges around mental health, especially impacting the most vulnerable in India. The discussion was organised in collaboration with Grand Challenges Canada and ETI Services to support the launch of a new and innovative mental initiative focussed on young people.

India has witnessed a surge in youth suicides during the last two years

during the COVID-19 pandemic. The increasing pressures on mental health are debilitating and require a multidisciplinary, multi-stakeholder approach to propel attention towards a more holistic model of care and support. For addressing this, policymakers, experts and people with lived experiences have come together to identify the gaps in mental healthcare in India and how the present structures can be modified to address the same.

Dr. Dalbir Singh, founder and president, Policymakers Forum for Mental Health chaired the panel. He highlighted that, "There are various dimensions of this societal

**VEHICLE FOR SALE**  
 TN 03 AA 0963 - Model 2019  
 CB MAHINDRA BLAZO31 CAB CHASSIS  
 Under hypothecation with  
**M/S.KOTAK MAHINDRA BANK LTD.**  
 is under sale in its  
 "As is where is Condition"  
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 Interested parties can give their  
 Quotations within 7 days at  
**KOTAK MAHINDRA BANK LIMITED**  
 Old Mahabalipuram Road,  
 Kandanchavadi, Chennai-600096  
 99620 64964 / 99625 90701  
 Ph: 044 - 66248044

**CHANGE OF NAME**  
**I, D.SHANKARAI**  
 W/o Thiru. LAKSHMANAN  
 Date of Birth: 03.07.1989  
 Place of Birth: Chennai,  
 residing at Plot No.14,  
 Door No.12/185, V G N Avenue,  
 Senneerkuppam, Tiruvallur,  
 Tamilnadu - 600056  
 Shall henceforth be known as  
**L.SHANKARI**  
**D.SHANKARI**

**NAME CHANGE**  
 I Subrata Dev Father of **MANAS DEB SUBRATA DEV**, Date of birth 05.08.2003, Residing at No 405, 18th Street, TNHB colony korattur, Chennai - 600080. Shall be henceforth be known as **MANAS DEB**.  
**Subrata Dev (Father)**

**PUBLIC NOTICE**  
 This is to inform public in general that Kotak Mahindra Bank Ltd has organized an auction in below mention respect of vehicle  
 TN 25 BF 5443 - AL 8055, 1412 - YOM - 2018  
 Minimum Reserve Price - Rs.6,79,913/-  
 Under hypothecation with  
**KOTAK MAHINDRA BANK LTD**  
 is under sale in its  
 "As is where is Condition"  
 Interested parties can give their Quotations (online/offline) within 15 days from this paper publication i.e. on or before 17.11.2022  
 BRANCH ADDRESS  
**KOTAK MAHINDRA BANK LIMITED**  
 8th Floor (Zone 2) TVH Agnitio Park  
 Old Mahabalipuram Road, No 141,  
 Rajiv Gandhi Salai, Kandanchavadi  
 Chennai-600096  
 (T)  
 Contact : Senthil Selvan Subramanian  
 Kotak Mahindra Bank Limited  
 Contact No - 044 - 6624 8624 / 044 - 6624 8044  
 Email : senthil.subramanian@kotak.com

**PUBLIC NOTICE**  
 My Client Mrs.B.Padmaja, W/o. Mr.G.Boopalan, aged 50 Years, residing at No.45A, Thirumal Nagar, Vinayagapuram, Kolathur, Chennai-600 099, do hereby states that she and his brother are absolute owner of property situated at 33, Appadurai Street, Ayanavaram, Chennai- 600 023, comprised in TS No.64 (Part), Block No.8 of Chinnachembarambakkam Village, Purasawalkam, Perambur Taluk, Chennai District, measuring to extent of 1950 sq.ft. My Client also states that the original parent Sale Deed dated 24.08.1978, Registered as document No.2624/1978 and Sattlement deed Nos. 919/2012 and 920/2012, dated 27.03.2012 at the SRO Perambur in respect of the said property has been lost by her on 18.10.2022, while traveling from Kolathur to Ayanavaram. The same is not traceable, in spite of her best efforts. Therefore if any one is in possession of the said documents and claims any right over the said property they shall intimate the same to me in writing within 7 days of this publication. Failing which it shall be presumed that there is no claim or objection and that my Client shall be at liberty to deal with the said property in any manner as she may deem fit.  
**B.CHANDRAN**, Advocate, High Court,  
 Royal Law Association,  
 337/1, Paper Mills Road, Perambur, Chennai

**PUBLIC NOTICE**  
 My Client Mrs.B.Padmaja, W/o. Mr.G.Boopalan, aged 50 Years, residing at No.45A, Thirumal Nagar, Vinayagapuram, Kolathur, Chennai-600 099, do hereby states that she and his brother are absolute owner of property situated at 33, Appadurai Street, Ayanavaram, Chennai- 600 023, comprised in TS No.64 (Part), Block No.8 of Chinnachembarambakkam Village, Purasawalkam, Perambur Taluk, Chennai District, measuring to extent of 1950 sq.ft. My Client also states that the original parent Sale Deed dated 24.08.1978, Registered as document No.2624/1978 and Sattlement deed Nos. 919/2012 and 920/2012, dated 27.03.2012 at the SRO Perambur in respect of the said property has been lost by her on 18.10.2022, while traveling from Kolathur to Ayanavaram. The same is not traceable, in spite of her best efforts. Therefore if any one is in possession of the said documents and claims any right over the said property they shall intimate the same to me in writing within 7 days of this publication. Failing which it shall be presumed that there is no claim or objection and that my Client shall be at liberty to deal with the said property in any manner as she may deem fit.  
**B.CHANDRAN**, Advocate, High Court,  
 Royal Law Association,  
 337/1, Paper Mills Road, Perambur, Chennai

**MENTAL HEALTH**  
 is as important as physical health.

malaise and reiterated that there is radical need for paradigm shift in existential biomedical approach, comprehensive and pragmatic government strategies, vibrant health literacy, engaged media local communities, in collaboration with the local Governments, civil society, responsive corporate sector and innovative technologies besides targeted interventions for the most vulnerable. Aggressive advocacy by the policymakers and elected representatives backed by strong political will play vital role in promoting level of discourse and awareness besides building synergy and intersectoral coordination between diverse stakeholders.

Mr. Bhubaneshwar Kalita, MP and member, Policymakers Forum for Mental Health, spoke about the burden of mental health issues falling inordinately on women and young girls. He explained, "There are major crises in accessibility, for the female populations, that plague all processes of healthcare (in general) from diagnosis to treatment. This is exacerbated by the

information asymmetry that affects women much more as they still struggle to get educated, and claim their space in the most crucial aspects of public service delivery. If the existing institutions are strengthened and envelop mental health services into their ambit, we can imagine a structural change looking into the future."

Mr. Vincent Pala, also an MP and member, Policymakers Forum for Mental Health, focused his responses on suicide among the youth in India. He started by highlighting why there is a need to rethink policy around mental health, and how family issues and illness, and not unemployment or bankruptcy, form the major reasons for suicide in the population between the age group of 18-30 years. He also took the point of familial spaces not necessarily being safe, as has been imagined for years, by bringing to everyone's knowledge that housewives tallied more than half of all female victims of suicide, and linked it to the increased cases of reported violence against women at home during COVID-19.

**PUBLIC NOTICE**  
 This is to inform the General Public that my client Mrs. Vimala Joseb wife of Mr. A. Joseb Raj is the absolute owner of the property bearing Farm Land No. 26, measuring an extent of 4200 Sq.ft., comprised in survey No.56/2E (part), as per Patta No.404, New Survey No.56/2E2E3, situated in "Raj Beach Garden" Kovalam Village, Thirupporur Taluk, Chengalpattu District within the Registration District of Chengalpattu and Sub Registration District of Thirupporur. I hereby inform the General Public that the Original Sale Deed dated 04.08.2010 Registered as Document No. 5619 of 2010 has been misplaced by my client while going for taking Xerox. It is hereby informed to General Public that anyone in the custody, knowledge or possession of General Public that the Original Sale Deed dated 04.08.2010 Registered as Document No. 5619 of 2010 or anybody having right claim interest or demand over the said property may lodge his claim within 7 days of publication of this notice to the undersigned at the address mentioned below. If no claim or objection is received within the above said period of 7 days it is presumed the above of General Public that the Original Sale Deed dated 04.08.2010 Registered as Document No. 5619 of 2010 is lost and untraceable and there are no claims from anyone in the above said property and my client will proceed to deal with the above said property without further reference.  
**T.K. RAJESH, ADVOCATE**  
 No. 7/8, Ground floor, 2nd West Cross Street,  
 Amaravathy Nagar, Arumbakkam, Chennai 600 106

**PUBLIC NOTICE**  
 I am Rani (Aadhar:8437 2244 1256) W/o.Devendran residing at No. 160 Omsakthi Vinayagar kovil street, Aadivasi colony, Kodungaiyur, Chennai 600 118. I walked to Kodungiyur Bus stand on the way I miss SRI PERIUMBUDUR TALUK, KATRAMBAKKAM VILLAGE, S.NO. 394/1B2 DOC.NO. 8575/1983 my original DOCUMENT IS MISSING. Please who sees that document please contact my ph no: 6374666472 Or above my address.  
 I declare above missing document asstest any registration is NOT ALLOWED (canceled)  
**Rani**  
 No. 6374666472

**PUBLIC NOTICE**  
 This is to inform the public that my client Mrs. N.Manimekalai, W/o. Mr.R.K. Narayanasamy, residing at No.170/171, Bhuvaneshwari Nagar 2nd Main Road, Velachery, Chennai - 600 042 has lost the original Sale Deed dated 10.06.1987 in Doc. No. 2394/1987 registered at SRO Sriperumbudur in respect of the land comprised in S.No. 432/1, Plot No. 141, measuring an extent of 2400 Sq.Ft. Jothi Nagar Kattarambakkam Village, Sriperumbudur Taluk, Chengalpattu District while carrying it to the shop for taking photo copy of the document to Penguin Xerox, Vijaya Nagar, Velachery on 04.05.2015. In spite of best efforts the original sale deed could not be traced till date.  
 Anyone having possession, claim or lien shall inform the under signed within 10 days from the date of the Publication. Failing which it will be presumed that no one has any right or claim in the above said property.  
**S. THIRUVENGADAM**  
 ADVOCATE  
 No. 157, Lingi Chetty Street,  
 Parrys, Chennai-1, Mobile : 98400 96725, 970640130

**PUBLIC NOTICE**  
 This is to inform you that my Client Mr.M.NANDHAGOPAL S/o. Mari, residing at No. 9, MGR Street, Dr. Ambedkar Nagar, Zamin Pallavaram, Chennai - 600 043, being the executor / probator of the property of measuring an extent of 1 Acre 99 Cents & Well, 3 HP Motor, Bump Set, EB No. 35 & Deposit Charges & etc., comprised in Survey Nos. 15/2 (0.33.0) 0.82 Cent, 32/4 (0.40.5) 1 Acre, 33 (0.02.5) 0.06 cent, 206/5 (0.04.5) 0.11 Cents, Total 1 Acre 99 Cents & Surve No. 15/2, Well, 3 HP Motor, Bump Set, EB Deposit Charges including Agaram Village, Cheyyur Taluk, Kancheepuram District, lost the original documents Nos. 6594 of 2008 registered at SRO / Acherappakkam, while going out for taking Xerox copies near Pallavaram Subway on 22.10.2022. If anyone found this missed document, they are requested to handover to us or to our client. Hence it is informed to the general public that any one who is/are in possession of the said document are directed / requested to handover the same to the under signed within 7 days from the date of publication of the notice. My client hereby informs to all, that if any person creates any charge or encumbrance with the above mentioned original document, it will not bind my client in any way.  
**E. PARIVALLAL**  
 Advocate & Notary Public  
 Chennai-600 043.

**Kailash Trading Corporation**  
 Registered Office: No.3, Apex Plaza, 2E, 2nd floor, Nungambakkam, Chennai-34  
**Form No. URC-2**  
 Advertisement giving notice about registration under Part I of Chapter XXI (Pursuant to section 374(b) of the companies Act, 2013 and rule 4(1) of the companies (Authorised to Register) Rules, 2014)  
 1. Notice is hereby given that in pursuance of sub-section (2) of section 366 of the Companies Act, 2013, an application is proposed to be made after fifteen days hereof but before the expiry of thirty days hereinafter to the Registrar of Companies at Chennai that M/s.Kailash Trading Corporation, a partnership firm may be registered under Part I of Chapter XXI of the Companies Act 2013, as a company limited by shares.  
 2. The principal objects of the company are as follows: -To carry on the business of trading in petrochemicals, chemicals, polymers and plastics.  
 3. A copy of the draft Memorandum and Articles of Association of the proposed company may be inspected at the registered office at No.3, Apex Plaza, 2E, 2nd floor, Nungambakkam, Chennai-34.  
 4. Notice is hereby given that any person objecting to this application may communicate their objection in writing to the Registrar at Central Registration Centre (CRC), Indian Institute of Corporate Affairs (IICA), Plot No. 6, 7, 8, Sector 5, IMT Manesar, District Gurgaon (Haryana), Pin Code- 122050, within twenty one days from the date of publication of this notice, with a copy to the firm at its registered office.  
 Dated this 03<sup>rd</sup> day of November 2022  
 On behalf of Kailash Trading corporation  
 Sd/-  
 Chandrasekhar Konda  
 Annapurna Konda

**PUBLIC NOTICE**  
 I, R.V.Sudhakar (Aadhar Card No.9219 7182 2628), S/o. Varadharajan, aged 44 years, residing at Flat No. AG1, Sai Kiruba Flats, 3rd Street, Old State Bank Colony, West Tambaram, Chennai.600 045, do hereby inform to the General Public that I have lost the following original land documents pertaining to my immovable property on 16.10.2022 in a Tea Shop near National Theatre at Rajaji Salai, Tambaram.  
 1. Sale deed dated 12.6.2014 document No. 4621/2014 on the file of SRO, Tambaram in the name of my client R.V. Sudhakar.  
 2. Construction agreement executed by my client with M/s. Garuda Builders of Tambaram bearing document No. 4620/2014 dated 12.6.2014 on the file of SRO, Tambaram.  
 I inform that if any finds the above documents please contact me over Cell No. 98410 49177 at the above said address.  
**R.V. Sudhakar,**  
 No. AG1, Sai Kiruba Flats,  
 3rd Street, Old State Bank Colony,  
 West Tambaram, Chennai. 600 045.  
 Cell No. 98410 49177

**PUBLIC NOTICE**  
 My clients Mr.R.Murugan & Mr.R.Gopi are the absolute owners of all that piece and parcel of land measuring to an extent of 1455 Sq.ft. as per document and 1458 sq.ft. as per measurement with building thereon bearing Plot No.43 in Sri Gayathri Co-operative Mega Nagar, approved layout No.PP/L0 No.22/2008, comprised in Survey No.38/2A, New Survey No.38/2A1A1A) as per Patta Survey No.38/2A/4 situated at Veeraraghavapuram Village, Poonamallee Taluk, Thiruvallur District, the same having been purchased by them under a Sale Deed dated 23.08.2018 registered as Doc.No.11905 of 2018 in the Office of the Sub Registrar, Kundrathur from S.Chitrakanthan. The original parent document pertaining to the property viz., Sale Deed dated 10.11.2008 registered as Doc.No.10571 of 2008 in the Office of the Sub Registrar, Kundrathur has been lost/misplaced and the same could not be traced inspite of their best efforts. If any person, Bank or financial institution has any right, claim, or title over the said property and is therefore consequently holding the abovesaid document as "security may within 10 days from the date of publication of this Notice contact the undersigned with sufficient documentary proof thereof, failing which it shall be deemed that there is no third party claim, charge or interest over the abovesaid property.  
**K.Sivasakthivel**  
 Advocate  
 No.25/2, New Bethania Nagar  
 4th Street, Valasaravakkam,  
 Chennai-600 087, Mb.: 86376 28194

**MUNOTH COMMUNICATION LIMITED**  
 Regd. Office : "MUNOTH CENTRE", Suite No.48, 343,  
 Triplicane High Road, III Floor, Triplicane, Chennai - 600 005.  
 CIN : L65991TN1984PLC010816  
**NOTICE**  
 NOTICE is hereby given pursuant to Regulation 29(1) read with Regulation 47 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, that a meeting of the Board of Directors of the Company will be held on Wednesday, the 9th November, 2022, inter alia to consider and approve unaudited financial results (Standalone and Consolidated) for the Second Quarter and Six Months ended September 30, 2022.  
 The information contained in this notice is also available on the Company's website www.munothcommunication.com and also on the website of the Stock Exchange viz BSE Limited at www.bseindia.com  
 For Munoth Communication Limited  
 Sd/-  
 Jawsant Munoth  
 Managing Director  
 (DIN : 00769545)  
 Place : Chennai  
 Date : 01.11.2022

**MUNOTH FINANCIAL SERVICES LIMITED**  
 Regd. Office : Suite No. 468.47 "MUNOTH CENTRE",  
 343, Triplicane High Road, 3rd Floor, Chennai 600 005.  
 CIN : L65991TN1990PLC019836  
**NOTICE**  
 NOTICE is hereby given pursuant to Regulation 29(1) read with Regulation 47 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, that a meeting of the Board of Directors of the Company will be held on Wednesday, the 9th November, 2022, inter alia to consider and approve unaudited financial results for the Second Quarter and Six Months ended September 30, 2022.  
 The information contained in this notice is also available on the Company's website www.munothfinancial.com and also on the website of the Stock Exchange viz BSE Limited at www.bseindia.com  
 For Munoth Financial Services Limited  
 Sd/-  
 Jawsant Munoth  
 Managing Director  
 (DIN : 00769545)  
 Place : Chennai  
 Date : 01.11.2022



