

# Aayush Food and Herbs Limited

CIN: L01122DL1984PLC018307

Registered Office: 55, 2nd Floor, Lane 2, Westend Marg, Saidullajab, Near Saket Metro Station, New Delhi, Delhi 110030  
Tel.: 011-41009092 Email: aayushfoodherbs06@gmail.com Website: www.aayushfoods.com

September 28, 2023

To,  
Department of Corporate Services,  
**BSE Limited,**  
Phiroze Jeejeebhoy Towers,  
Dalal Street, Fort, Mumbai - 400 001  
**(Scrip ID - AAYUSH, Scrip Code - 539528)**

The Listing Department,  
**Metropolitan Stock Exchange of India Limited,**  
Vibgyor Towers, 4th floor, Plot No C 62, G - Block,  
Opp. Trident Hotel, Bandra Kurla Complex, Bandra (E),  
Mumbai - 400 098  
**(Symbol - AAYUSH, Series - EQ)**

**Sub: Intimation for Closure of Trading Window for the Quarter and Half-year ended as on September 30, 2023.**

Dear Sir/Madam,

Pursuant to the SEBI (Prohibition of Insider Trading) Regulations 2015 and Company's Internal code of conduct to Regulate, Monitor and Report Trading by insiders, the trading window for dealing in the equity shares of the Company will be closed w.e.f. October 01, 2023, till the completion of 48 hours after declaration of the Un-audited Financial Results for the quarter and half year ended on September 30, 2023.

Accordingly, all the Designated Persons and their immediate relatives are being intimated not to enter any transaction involving dealing/trading in shares of the Company during the aforesaid period of closure of Trading Window.

You are requested to take the above cited information on your records.

Thanking You,

**For Aayush Food and Herbs Limited**

**Rajgopalan Srinivasa Iyengar**  
Director  
DIN: 00016496