

September 30, 2021

To

The BSE Limited Phiroze Jeeieebhov Towers Dalal Street, Mumbai-400001

Scrip code: 540203

The National Stock Exchange India Limited Exchange Plaza, Bandra Kurla Complex Bandra (E), Mumbai-400051

Symbol: SFL

Subject: Closure of trading window

Dear Sir/Madam

Pursuant to the Company's Code of Conduct under the provisions of Securities and Exchange Board of India (Prohibition of Insider Trading) Regulations, 2015, amendment thereof ("the Code"), trading window for dealing in shares of the Company, for persons specified under the Code, shall remain closed from, October 1, 2021 till end of 48 hours after the Financial Results for the quarter ending September 30, 2021 shall be made public.

This is for your information and record

Thanking you, Yours truly,

For Sheela Foam Limited

(Md Iquebal Ahmad)

Company Secretary and Compliance Officer

604, Ashadeep, 9 Hailey Road, New Delhi-110001. India

SHEELA FOAM LTD.

SHEELA FOAM LTD. Ph: Int-91-(0)-11-22026875-76 37/2, Site-IV, Sahibabad Industrial Area, Ghaziabad, U.P. – 201010, India