

TML: CS: BDM-32/2019-20

31st December, 2019

BSE Limited.

P. J. Towers, Dalal Street, Mumbai-400001 National Stock Exchange of India Ltd.

"Exchange Plaza",

Bandra - Kurla Complex,

Bandra - East, Mumbai- 400 051

Dear Sir/Madam,

Ref:

1. SEBI (Prohibition of Insider Trading Regulations), Regulations, 2015 [SEBI (PIT)

Regulations, 2015]

2. BSE Scrip Code: 530199

3. NSE Scrip Code: THEMISMED

Dear Sir/Madam,

Sub:- Intimation of closure of Trading Window in terms of SEBI (PIT) Regulations, 2015.

We would like to inform you that as per the Company's minimum Standards Code of Conduct to regulate, monitor and report trading by its Employees and other Connected Persons under SEBI (Prohibition of Insider Trading) Regulations, 2015 (as amended) (PIT Regulations) and pursuant to BSE Circular Ref No: LIST/COMP /01/2019-20 dated 2nd April, 2019 and NSE Circular Ref No. NSE/CML/2019/11 on the provisions of Clause 4 of the Schedule B of the PIT regulations, the Trading Window for dealing in the Securities of the Company shall remain closed on and from 1st January, 2020 and will re-open after completion of 48 hours from the declaration of financial results for the quarter ended 31st December, 2019 by the Board of Directors of the Company.

The same has been intimated to all the directors, officers and designated employees of the Company. Further the date of Board Meeting for considering the said financial results for the quarter ended 31st December, 2019 shall be intimated in due course. We request you to kindly take the above information on record.

This is for your information and record.

Thanking you,

Yours faithfully,

For Themis Medicare Ltd.

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Sangameshwar lyer

Company Secretary& Compliance Officer

Themis Medicare Limited

MUMBAI

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