

To, General Manager, Listing operations, BSE Limited, P J Towers, Dalal Street, Mumbai – 400 001

Scrip Code: 540108 Scrip Name: TAHL

Sub: Intimation of Board Meeting & Closure of Trading Window

Hello Sir/Ma'am,

Pursuant to Regulation 29(1) of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, Notice is hereby given that the meeting of the Board of Directors of the Company will be held on Wednesday, 24th June, 2020 at its Registered Office of the Company inter-alia to consider and approve Standalone Audited Financial Results for the Quarter and Year ended on 31st March, 2020.

Further, in accordance with the Company's Code of Conduct for Prevention of Insider Trading, the Company has intimated its 'designated persons' regarding the closure of the Trading Window for trading in the Company's equity shares from 1st April, 2020 till the expiry of 48 hours from the date the said financial results are made public.

Kindly take the same on your record and acknowledge.

Thanking You,

For Tiaan Avurvedic & Herbs Limited

Shanoo Mathew Company Secretary