

April 15, 2019

To  
The BSE Limited  
Phiroze Jeejeebhoy Towers  
Dalal Street, Mumbai-400001  
Scrip Code: 540203

The National Stock Exchange India Limited  
Exchange Plaza, Bandra Kurla Complex  
Bandra(E), Mumbai-400051  
NSE Symbol: SFL

Subject: Certificate pursuant to Regulation 40(9) of the Securities and Exchange Board of India (Listing obligation and Disclosure Requirements) Regulations, 2015

Dear Sir/Madam

Please find enclosed the certificate under Regulation 40(9) of the Securities and Exchange Board of India (Listing obligation and Disclosure Requirements) Regulations, 2015 for the half year ended March 31, 2019.

This is for your information and record.

Thanking you,

Yours truly,  
For Sheela Foam Limited

A handwritten signature in black ink, appearing to read 'Md. Iquebal Ahmad'.

(Md. Iquebal Ahmad)  
Company Secretary & Compliance Officer

**SHEELA FOAM LTD.**

37/2, Site-IV, Sahibabad Industrial Area, Ghaziabad, U.P. – 201010, India  
Ph: Int-91-(0)-120-4162200 • Fax: Int-91-(0)-120-4162282, 4162283 • Email: contactus@sheelafoam.com  
Regd. Office: C-55, Preet Vihar, Vikas Marg, Delhi-110092, India • Ph: Int-91-(0)-11-22026875-76  
Toll Free: 1800 103 6664 • www.sleepwellproducts.com • www.sheelafoam.com  
CIN-L74899DL1971PLC005679

**CERTIFICATE UNDER REGULATION 40 (9) OF SEBI (LISTING  
OBLIGATIONS AND DISCLOSURE REQUIREMENTS) REGULATIONS, 2015**

**For The Half Year Ended 31<sup>st</sup> March, 2019**

We have examined all Share Transfer Deeds, Memorandum of Transfers, Registers files and other documents relating to **SHEELA FOAM LIMITED** maintained by **Link Intime India Private Limited** pertaining to transfer of equity shares of the company for the period from **1<sup>st</sup> October, 2018 to 31<sup>st</sup> March, 2019** for the purpose of issuing a Certificate as per Regulation 40 (9) the Listing Regulation. I hereby certify that the company has delivered during half year ended on **31<sup>st</sup> March, 2019**:

- A) Share Certificate(s) relating to the transfer of Shares received during the period from **1<sup>st</sup> October, 2018 to 31<sup>st</sup> March, 2019** as entered in the Memorandum of Transfer have been issued within fifteen days of the date of lodgement for transfer, sub-division, consolidation, renewal, exchange or endorsement of calls / allotment monies from respective date of lodgement of each deed excepting those rejected on technical grounds.
- B) Any other information , if applicable : Nil

**For AVA Associates**  
Company Secretaries



**Amitabh**  
Partner  
CP- 5500  
Place: New Delhi  
Dated: 11.04.2019