

04.04.219

To

The BSE Limited

Phiroze Jeejeebhoy Towers

Dalal Street, Mumbai-400001

The National Stock Exchange India Limited

Exchange Plaza, Bandra Kurla Complex

Bandra(E), Mumbai-400051

Scrip Code: 540203

Symbol: SFL

Subject: Closure of trading window

Dear Sir/Madam

Pursuant to the provisions of Securities and Exchange Board of India (Prohibition of Insider Trading) Regulations, 2015, amendment thereof, and clarification letter received from Exchange on April, 3 2019 trading window for Sheela Foam Limited shares is closed from 9.00 AM, April 4, 2019 till end of 48 hours after the Financial Results for the quarter ending March 31, 2019 are made public.

Thanking you, Yours truly, For Sheela Eøam Limited

(Md Iquebal Ahmad)

Company Secretary and Compliance Officer