



January 31, 2024

To

The BSE Limited
Phiroze Jeejeebhoy Towers
Dalal Street, Mumbai-400001
Scrip Code: 540203

The National Stock Exchange India Limited
Exchange Plaza, Bandra Kurla Complex
Bandra(E), Mumbai-400051
NSE Symbol: SFL

Subject: Intimation of Board Meeting

Dear Sir/Madam,

Pursuant to the provisions of Regulation 29 and Regulation 50 (1) of the Securities and Exchange Board of India (Listing obligations and Disclosure Requirements) Regulations, 2015, we hereby intimate that the meeting of the Board of Directors of the Company is scheduled to be held on Tuesday, January 06, 2024 inter alia to approve and take on record the un-audited Standalone & Consolidated financial results of the Company for the quarter and half-year ending December 31, 2024.

Kindly take the same on record.

Thanking you,

Yours truly,
For Sheela Foam Limited

Md. Iquebal Ahmad
Company Secretary & Compliance Officer

SHEELA FOAM LTD.

#14, Sleepwell Tower , Sector 135, Noida- 201301

Ph: Int-91(0)-120-4868400 • Fax: Int-91-(0)-120-4162282, 4162283 • Email: contactus@sheelafoam.com
Regd. Office: 604 Ashadeep, 9 Hailey Road, New Delhi-110001, India • Ph: Int-91(0)-11-23316875-76

Toll Free: 1800 103 6664 • www.sleepwellproducts.com • www.sheelafoam.com

CIN-L74899DL1971PLC005679