



November 02, 2023

To

The BSE Limited
Phiroze Jeejeebhoy Towers
Dalal Street, Mumbai-400001
Scrip Code: 540203

The National Stock Exchange India Limited
Exchange Plaza, Bandra Kurla Complex
Bandra(E), Mumbai-400051
NSE Symbol: SFL

Subject: Intimation of Change in Managing Director

Dear Sir/Madam,

Pursuant to the provisions of Regulation 30 of the Securities and Exchange Board of India (Listing obligations and Disclosure Requirements) Regulations, 2015 (the “**Listing Regulations**”) read with Para A of Part A of Schedule III thereto and other applicable provisions of the Listing Regulations, we hereby intimate that the Board of Directors of the Company, at its meeting held on November 02, 2023, has approved:

1. The resignation of Mr. Rahul Gautam (DIN: 00192999) from the post of Managing Director;
2. Appointment of Mr. Rahul Gautam (DIN: 00192999) as Whole-Time Director and Chairman;
3. Appointment of Mr. Tushaar Gautam (DIN: 01646487) as Managing Director of the Company with immediate effect.

The details of the above appointees as required under the Listing regulations and SEBI Circular no. CIR/CFD/CMD/4/2015 dated September 9, 2015, are enclosed as Annexure A hereto.

Kindly take the same on record.

Thanking you,

Yours truly,

For Sheela Foam Limited

Md. Iquebal Ahmad

Company Secretary & Compliance Officer

SHEELA FOAM LTD.

#14, Sleepwell Tower , Sector 135, Noida- 201301

Ph: Int-91(0)-120-4868400 • Fax: Int-91-(0)-120-4162282, 4162283 • Email: contactus@sheelafoam.com

Regd. Office: 604 Ashadeep, 9 Hailey Road, New Delhi-110001, India • Ph: Int-91(0)-11-23316875-76

Toll Free: 1800 103 6664 • www.sleepwellproducts.com • www.sheelafoam.com

CIN-L74899DL1971PLC005679

Disclosures as per the Listing Regulations and SEBI Circular no. CIR/CFD/CMD/4/2015 dated September 9, 2015:

1) Details of Mr. Rahul Gautam (DIN: 00192999)

Resignation of Mr. Rahul Gautam (DIN: 00192999) from the post of Managing Director		
Sr. No	Particular	Details
1.	Reason for Change Viz. Appointment, resignation, removal, death or otherwise	Resignation from the post of Managing Director
2.	Date of Resignation	November 02, 2023
3.	Brief Profile in case of appointment	NA
4.	Disclosure of relationship between directors (in case of appointment of Directors)	NA

Appointment of Mr. Rahul Gautam (DIN: 00192999) as Whole-Time Director		
Sr. No.	Particular	Details
1.	Reason for Change Viz. Appointment, resignation, removal, death or otherwise	Appointment as Whole-Time Director
2.	Date of Appointment & Terms of Appointment	November 02, 2023
3.	Brief Profile in case of Appointment	NA
3.	Disclosure of relationship between directors (in case of appointment of Directors)	Husband of Mrs. Namita Gautam and Father of Mr. Tushaar Gautam

2) Details of Mr. Tushaar Gautam (DIN: 01646487)

Appointment of Mr. Tushaar Gautam (DIN: 01646487)		
Sr. No.	Particular	Details
1.	Reason for Change Viz. Appointment, resignation, removal, death or otherwise	Appointment as Managing Director
2.	Date of Appointment & Terms of Appointment	November 02, 2023 Managing Director of the Company
3.	Brief Profile in case of Appointment	NA
3.	Disclosure of relationship between directors (in case of appointment of Directors)	Son of Mr. Rahul Gautam and Mrs. Namita Gautam

SHEELA FOAM LTD.

#14, Sleepwell Tower , Sector 135, Noida- 201301

Ph: Int-91(0)-120-4868400 • Fax: Int-91-(0)-120-4162282, 4162283 • Email: contactus@sheelafoam.com

Regd. Office: 604 Ashadeep, 9 Hailey Road, New Delhi-110001, India • Ph: Int-91(0)-11-23316875-76

Toll Free: 1800 103 6664 • www.sleepwellproducts.com • www.sheelafoam.com

CIN-L74899DL1971PLC005679