



31st Oct 2022

To

The BSE Limited
Phiroze Jeejeebhoy Towers
Dalal Street, Mumbai-400001
Scrip Code: 540203

The National Stock Exchange India Limited
Exchange Plaza, Bandra Kurla Complex
Bandra(E), Mumbai-400051
NSE Symbol: SFL

Subject: Intimation of Board Meeting

Dear Sir/Madam,

Pursuant to the provisions of Regulation 29 of the Securities and Exchange Board of India (Listing obligations and Disclosure Requirements) Regulations, 2015, we hereby intimate that the meeting of the Board of Directors of the Company is scheduled to be held on Tuesday, 08th November 2022 to interalia to approve and take on record the following item:

- i. Unaudited financial results of the company for the quarter ended Sept 30, 2022.
- ii. Bonus issue

Kindly take the same on record.

Thanking you,

Yours truly,
For Sheela Foam Limited

Md. Iquebal Ahmad
Company Secretary & Compliance Officer

SHEELA FOAM LTD.

#14, Sleepwell Tower , Sector 135, Noida- 201301

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