

Aayush Food and Herbs Limited

CIN: L01122DL1984PLC018307

Registered Office: 55, 2nd Floor, Lane 2, Westend Marg, Saidullajab, Near Saket Metro Station, New Delhi, Delhi 110030

Tel.: 011-41009092 Email: aayushfoodherbs06@gmail.com Website: www.aayushfoods.com

October 26, 2023

To,
**Listing Department,
BSE Limited**
Phiroze Jeejeebhoy Towers,
Dalal Street, Fort, Mumbai – 400 001
(Scrip ID – AAYUSH, Scrip Code – 539528)

**The Listing Department
Metropolitan Stock Exchange of India Limited,**
Vibgyor Towers, 4th floor, Plot No C 62, G - Block,
Opp. Trident Hotel, Bandra Kurla Complex, Bandra (E),
Mumbai – 400 098
(Symbol – AAYUSH, Series – EQ)

**Sub: Prior Intimation of the Board Meeting pursuant to Regulation 29 of SEBI
(Listing Obligations & Disclosure Requirements) Regulations, 2015.**

Dear Sir/Madam,

In Pursuant to Regulation 29 of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, as amended, this is to inform that a meeting of the Board of Directors of Aayush Food and Herbs Limited is scheduled to be held on Friday, 03rd November 2023 at the registered office of the Company situated at 55, 2nd Floor, Lane 2, Westend Marg, Saidullajab, Near Saket Metro Station, New Delhi, Delhi 110030, to consider and approve the following matter(s):

1. Standalone Unaudited Financial Results of the Company along with Limited Review Report for the Quarter and half year ended on 30th September 2023.
2. Any other matter with the permission of the Chair as the Board may think fit or which is incidental and ancillary to the business of the Company.

Further, as intimated earlier vide our letter dated 28th September, 2023, the trading window of the Company pursuant to SEBI (Prohibition of Insider Trading) Regulations, 2015 read with Code of Conduct to regulate, monitor and report trading by insiders framed by the Company, has been closed for all Designated Persons & their relatives from 01st October 2023 till 48 hours after conclusion of Board Meeting (both days inclusive).

Kindly take the above on record.

Thanking you,

For Aayush Food and Herbs Limited

**Naveenakumar Kunjaru
Managing Director
DIN: 07087891**