

TML: CS: BDM-34/2020-21 07th August, 2020

Listing Department, **BSE Limited**,

P. J. Towers, Dalal Street,

Mumbai-400001

Listing Department,

National Stock Exchange of India Ltd.

"Exchange Plaza",

Bandra – Kurla Complex,

Bandra – East, Mumbai- 400 051

Dear Sir/Madam.

Sub: Intimation of Date of Board Meeting & Closure of Trading Window

Ref: 1. Regulation 29 of the SEBI (Listing Obligations & Disclosure Requirements) Regulations, 2015

2. BSE Scrip Code: 530199

3. NSE Scrip Code: THEMISMED

With respect to the captioned subject, please be informed that a meeting of the Board of Directors of Themis Medicare Limited is scheduled to be held on Friday, 14th August, 2020 inter alia, to consider, the Un-audited Standalone and Consolidated Financial Results for the Quarter ended on 30th June, 2020.

Further, in continuation of our Letter dated 30th June 2020, the Trading Window in respect of dealing in the Company's Securities was closed for all Directors/Designated Employees from the opening of the trading hours on Wednesday, 1st July, 2020, which shall remain closed till the closure of trading hours on 16th August, 2020 (both days inclusive) i.e. till the completion of 48 hours after the declaration of financial results as per the policy for prohibition of Insider Trading ("the Code") adopted by the Company pursuant to SEBI (Prohibition of Insider Trading) Regulations, 2015 as amended from time to time.

This is for your information and record.

Thanking you,

Yours Faithfully,

For Themis Medicare Limited.

Sangameshwar lyer

Company Secretary & Compliance Officer