Date: November 29, 2022

To

General Manager - Listing

Corporate Relationship Department

BSE Limited

P. J. Towers, Dalal Street,

Mumbai-400001

BSE SCRIP CODE - 539594

To

Listing Division

Metropolitan Stock Exchange of India

Limited

4th Vibgyor Tower, Opp. Trident Hotel,

Bandra-Kurla Complex, Mumbai-400098

MSEI SYMBOL- MISHTANN

Sub: - Disclosure under Regulation 7(2) of the SEBI (Prohibition of Insider Trading Regulations, 2015) ("Insider Trading Regulations")

Dear Sir,

Please find enclosed herewith the requisite disclosure under Regulation 7(2) read with Regulation 6(2) of the captioned Regulations, relating to purchase of 313647 equity shares of Mishtann Foods Limited by Hiteshkumar Gaurishankar Patel, Promoter of the Company.

We request you to take the afore-mentioned information in record and oblige.

Yours's Faithfully,

For Mishtann Foods limited

Shivangi Shah

Company Secretary and Compliance Officer

Date: 28th November, 2022

The Company Secretary Mishtann Foods Limited C/808, Ganesh Meridian, Opp. Gujarat High Court, S. G. Highway, Ahmedabad Gujarat 380061

Dear Sir/Madam,

Sub: Disclosure under regulation 7(2) of the SEBI Prohibition of Insider Trading Regulations, 2015 ("Insider Trading Regulation")

Pursuant to Regulation 7(2) read with Regulation 6(2) of the captioned Regulations, please find enclosed herewith the requisite disclosure in the prescribed format relating to details of change in holdings of the securities of Hiteshkumar Gaurishankar Patel, Promoter of the Company.

Kindly take the above on record.

Thanking You,

Your truly,

Hiteshkumar Gaurishankar Patel Managing Director Encl: As stated above

FORM C

SEBI (Prohibition of Insider Trading) Regulations, 2015 [Regulation 7 (2) read with Regulation 6(2) – Continual Disclosure]

Name of the company: Mishtann Foods Limited

ISIN of the company: INE094S01041

Details of change in holding of Securities of Promoter, Member of the Promoter Group, Designated Person or Director of a listed company and immediate relatives of such persons and other such persons as mentioned in Regulation 6(2).

Name, PAN, CIN/DIN, & address with contact nos.	member of	to acquisition/ disposal					Securities heldpost acquisition/ disposal		Date of allotment advice/ acquisition of shares/ disposal of shares, specify		of intima tionto	Mode of acquisiti on /disposa	
	nated person/ Director s/immediate relative to/others etc.)	securiti es (Foreg.	No. and % of share holding	Type of securities (For eg. – Shares, Warrants, Convertible Debentures, Rights entitlement, etc.)	No.	Value	se/sale Pledge / Revocat ion /	securities (For eg. – Shares, Warrants, Converti ble Debentures, Rights entitlement, etc.)	No. and % of shareh olding	From	То	any	I (on market/ public/ rights/ preferen tialoffer/ off market/ Inter-se transfer, ESOPs, etc.)
1 Hiteshkumar Gaurishankar Patel PAN: ASZPP4210 E DIN: 05340865 Add: Prathamik	2 Promoter	3 Equity Shares	4 494565574 (49.46%)	5 Equity Shares	6 313647	7 Rs. 3189790/-	8 Buy	9 Equity Shares	10 494879221 (49.49%)	11 28.11. 2022	12 28.11. 2022	13 28.11. 2022	14 Market as per Annexu re

Shala ni				,			
Same, Narsinhpura,							
Narsinhpura, Kukadia,		* * *					
Sabarkantha,							
Idar, Gujarat 383410							
(M): 9925168399			-				
hiteshpatel@							
mishtann.co m							

Note: (i) "Securities" shall have the meaning as defined under regulation 2(1)(i) of SEBI (Prohibition of Insider Trading) Regulations, 2015. (ii) Value of transaction excludes taxes/brokerage/any other charges

Details of trading in derivatives on the securities of the company by Promoter, member of the promoter group, designated person or Director of a listed company and immediate relatives of such persons and other such persons as mentioned in Regulation 6(2). -NIL

	Trading in o	lerivatives (S	pecify type of con	tract, Futures or		Exchange on whithe trade we executed	ich vas
Type contract	of Contract specifications		Buy		Sell		
		Notional Value	Number of units (contracts * lot size)	Notional Value	Number of units (contracts * lot size)		
15	16	17	18	19	20	21	200

Note: In case of Options, notional value shall be calculated based on Premium plus strike price of options.

Name & Signature: Hiteshkumar Gaurishankar Patel

Designation: Managing Director

Date: 28th November, 2022

Place: Ahmedabad

Annexure:

Statement showing details of shares of Mishtann Foods Limited purchased by Hiteshkumar Gaurishankar Patel

Sr. No	Trade Date	No. of Securities Acquired	Value of Securities Acquired (Rs.)	Transaction Type	Mode of Acquisition (Market purchase/public rights/preferential offer/ off market/ inter se transfer etc.		
1.	. 28.11.2022	313647	3189790/-	Buy	BSE .		
	TOTAL	313647	3189790/-				

Hiteshkumar Gaurishankar Patel Managing Director DIN: 05340865