Date: November 23, 2022

To
General Manager - Listing
Corporate Relationship Department
BSE Limited
P. J. Towers, Dalal Street,
Mumbai-400001
BSE SCRIP CODE - 539594

To
Listing Division
Metropolitan Stock Exchange of India
Limited
4th Vibgyor Tower, Opp. Trident Hotel,
Bandra-Kurla Complex, Mumbai-400098
MSEI SYMBOL- MISHTANN

Sub: - Disclosure under Regulation 7(2) of the SEBI (Prohibition of Insider Trading Regulations, 2015) ("Insider Trading Regulations")

Dear Sir,

Please find enclosed herewith the requisite disclosure under Regulation 7(2) read with Regulation 6(2) of the captioned Regulations, relating to purchase of 79711 equity shares of Mishtann Foods Limited by Hiteshkumar Gaurishankar Patel, Promoter of the Company.

We request you to take the afore-mentioned information in record and oblige.

Yours's Faithfully,

For Mishtann Foods limited

Shivangi Shah

Company Secretary and Compliance Officer

Date: 22nd November, 2022

The Company Secretary
Mishtann Foods Limited
C/808, Ganesh Meridian,
Opp. Gujarat High Court,
S. G. Highway, Ahmedabad
Gujarat 380061

Dear Sir/Madam,

Sub: Disclosure under regulation 7(2) of the SEBI Prohibition of Insider Trading Regulations, 2015 ("Insider Trading Regulation")

Pursuant to Regulation 7(2) read with Regulation 6(2) of the captioned Regulations, please find enclosed herewith the requisite disclosure in the prescribed format relating to details of change in holdings of the securities of Hiteshkumar Gaurishankar Patel, Promoter of the Company.

Kindly take the above on record.

Thanking You,

Your truly,

Hiteshkumar Gaurishankar Patel

Managing Director

Encl: As stated above

FORM C

SEBI (Prohibition of Insider Trading) Regulations, 2015 [Regulation 7 (2) read with Regulation 6(2) - Continual Disclosure]

Name of the company: Mishtann Foods Limited

ISIN of the company: INE094S01041

Details of change in holding of Securities of Promoter, Member of the Promoter Group, Designated Person or Director of a listed company and immediate relatives of such persons and other such persons as mentioned in Regulation 6(2).

Name, PAN, CIN/DIN, & address with contact nos.	Category of Person (Promoter/ member of thepromoter group/desig	to acquisition/ disposal		Securities acquired/Disposed			Securities heldpost acquisition/ disposal		Date of allotment advice/ acquisition of shares/ disposal of shares, specify		of of intima a	of acquisiti on /disposa	
	nated person/ Director s/immediate relative to/others etc.)	Type of securiti es (Foreg. – Shares Warrants, Convert ible Debentures, Rights entitlem ents etc.)	No. and % of share holding	Type of securities (For eg. – Shares, Warrants, Convertible Debentures, Rights entitlement, etc.)	No.	Value	ion / Invocati on/ Others- please	securities (For eg. – Shares, Warrants,		From	To	n p ri p ti o n li tr	I (on market/ public/ rights/ preferen tialoffer/ off market/ Inter-se transfer, ESOPs, etc.)
1	2	3	4	5	6	7	specify)	9	10	11	12	13	14
Hiteshkumar Gaurishankar Patel PAN: ASZPP4210 E DIN: 05340865 Add: Prathamik Shala ni Same,	Promoter	Equity Shares	49360120 7 (49.36%)	Equity Shares	79711	Rs. 718196/-	Buy	Equity Shares			22.11. 2022	22.11. 2022	Market as per Annexu re

	1,50			
*				

Note: (i) "Securities" shall have the meaning as defined under regulation 2(1)(i) of SEBI (Prohibition of Insider Trading) Regulations, 2015. (ii) Value of transaction excludes taxes/brokerage/any other charges

Details of trading in derivatives on the securities of the company by Promoter, member of the promoter group, designated person or Director of a listed company and immediate relatives of such persons and other such persons as mentioned in Regulation 6(2). -NIL

	Trading in d	lerivatives (\$	Specify type of con	tract, Futures or		Exchange on which the trade was executed
Type of contract	Contract specifications		Buy			
		Notional Value	Number of units (contracts * lot size)		Number of units (contracts * lot size)	
15	16	17	18	19	20	21

Note: In case of Options, notional value shall be calculated based on Premium plus strike price of options.

Name & Signature: Hiteshkumar Gaurishankar Patel

Designation: Managing Director

Date: 22nd November, 2022

Place: Ahmedabad

Annexure:

Statement showing details of shares of Mishtann Foods Limited purchased by Hiteshkumar Gaurishankar Patel

Sr. No	Trade Date	No. of Securities Acquired	Value of Securities Acquired (Rs.)	Transaction Type	Mode of Acquisition (Market purchase/public rights/preferential offer/ off market/ inter se transfer etc.
1.	22.11.2022	79711	718196/-	Buy	BSE
	TOTAL	79711	718196/-		

Hiteshkumar Gaurishankar Patel Managing Director DIN: 05340865