

30.09.219

To

The BSE Limited  
Phiroze Jeejeebhoy Towers  
Dalal Street, Mumbai-400001

The National Stock Exchange India Limited  
Exchange Plaza, Bandra Kurla Complex  
Bandra(E), Mumbai-400051

Scrip Code: 540203

Symbol: SFL

**Subject: Closure of trading window**

Dear Sir/Madam

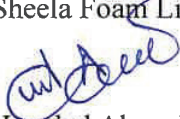
Pursuant to the Company's Code of Conduct under the provisions of Securities and Exchange Board of India (Prohibition of Insider Trading) Regulations, 2015, amendment thereof ("the Code"), trading window for dealing in Shares of the Company, for persons specified under the Code, shall remain closed from, October 1, 2019 till end of 48 hours after the Financial Results for the quarter ending September 30, 2019 shall be made public.

This is for your information and record.

Thanking you,

Yours truly,

For Sheela Foam Limited



(Md Iqbal Ahmad)

Company Secretary and Compliance Officer

**SHEELA FOAM LTD.**