



April 20, 2022

To

The BSE Limited
Phiroze Jeejeebhoy Towers
Dalal Street, Mumbai-400001
Scrip Code: 540203

The National Stock Exchange India Limited
Exchange Plaza, Bandra Kurla Complex
Bandra(E), Mumbai-400051
NSE Symbol: SFL

Subject: Certificate pursuant to Regulation 40(10) of the Securities and Exchange Board of India (Listing obligation and Disclosure Requirements) Regulations, 2015

Dear Sir/Madam

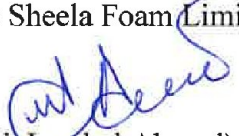
Please find enclosed the certificate under Regulation 40(10) of the Securities and Exchange Board of India (Listing obligation and Disclosure Requirements) Regulations, 2015 for the year ended March 31, 2022.

This is for your information and record.

Thanking you,

Yours truly,

For Sheela Foam Limited


(Md. Iqbal Ahmad)
Company Secretary & Compliance Officer

SHEELA FOAM LTD.

37/2, Site-IV, Sahibabad Industrial Area, Ghaziabad, U.P. - 201010, India
Ph: Int-9140)-120-4162200 • Fax: Int-91-(0)-120-4162282, 4162283 • Email: contactus@sheelafoam.com
Regd. Office: C-55, Preet Vihar, Vikas Marg, Delhi-110092, India • Ph: Int-9140)-11-22026875-76
Toll Free: 1800 103 6664 • www.sleepwellproducts.com • www.sheelafoam.com
CIN-L74899DL1971PLC005679

CERTIFICATE UNDER REGULATION 40 (9) OF SEBI (LISTING
OBLIGATIONS AND DISCLOSURE REQUIREMENTS) REGULATIONS,
2015

For The Financial Year Ended March 31, 2022

We have examined all Share Transfer Deeds, Memorandum of Transfers, Registers, files and other documents relating to **Sheela Foam Limited** maintained by **Link Intime India Private Limited** pertaining to transfer of equity shares of the Company for the Financial year ended **March 31, 2022** i.e. for the period from **April 01, 2021 to March 31, 2022**, for the purpose of issuing a Certificate as per Regulation 40 (9) the Listing Regulation. I hereby certify that the company has delivered during financial year ended on **March 31, 2022**:

A) Share / Debenture Certificate(s) relating to the transfer of Shares / Debentures received during the period from **April 01, 2021 to March 31, 2022**, as entered in the Memorandum of Transfer have been issued within fifteen days of the date of lodgement for transfer, sub-division, consolidation, renewal, exchange or endorsement of calls / allotment monies from respective date of lodgement of each deed excepting those rejected on technical grounds.

B) Any other information , if applicable : Nil

For AVA Associates
Company Secretaries




Amitabh

Partner

CP- 5500

Place: New Delhi

Dated: 20.04.2022

UDIN: A014190D000167398