

HANMAN FIT LIMITED
(Formerly Known as POWERHOUSE GYM & WELLNESS LIMITED)
702 CONCORD CHS LTD.,JVPD SCHEME PLOT NO.1,N.S.ROAD VILE PARLE [W]
MUMBAI,MH 400056 IN
CIN: L85190MH2013PLC240311, Website: www.hanman.fit,
Email Id:hanmancs27@gmail.com

Date: 30.09.2024

To,
BSE Limited,
The Manager - CRD
Phiroze Jeejeebhoy Towers,
Dalal Street,
Mumbai – 400001.

Dear Sir,
Scrip Code: 538731

Subject: Closure of Trading Window

This is to inform you that in compliance with the SEBI (Prohibition of Insider Trading) Regulations, 2015 and SEBI (Prohibition of Insider Trading) (Amendment) Regulations, 2018 read with the respective circulars of the stock exchanges issued on 2nd April, 2019 with respect to the "Clarification regarding trading restriction period" and Company's 'Code of Internal Procedures and Conduct for Regulating, Monitoring and Reporting of Trading in Securities (as amended), the 'Trading Window' for dealing in shares of the Company shall remain closed for Designated Persons, their immediate relatives and persons having access to the Unpublished Price Sensitive Information from October 1, 2024 up to completion of 48 hours after the declaration of un-audited financial results of the Company for the quarter ended on September 30, 2024.

This is for your information and records.
Thanking you,
Yours faithfully,

On behalf of Hanman Fit Limited

Mr. Divesh Shantaram Koli
DIN: 06620482
Director