

To

The Bombay Stock Exchange
Phiroze Jeejeebhoy Towers,
Dalal Street, Mumbai - 400001

FORM D

Securities and Exchange Board of India (Prohibition of Insider Trading) Regulations, 1992
[Regulation 13(4) and (6)]

Regulation 13(4) - Details of change in shareholding of Director of a listed company

Name, PAN No. & Address of Director	No. & % of shares/ voting rights held by the Director	Date of receipt of allotment advice/ acquisition / sale of shares/ voting rights	Date of intimation to company	Mode of acquisition (market purchase/ public/rights/preferential offer etc.)	No. & % of shares/ post acquisition/ voting rights sale	Trading Member through whom the trade was executed with SEBI Registration No. of the TM	Exchange on which the trade was executed	Buy quantity	Buy value	Sell quantity	Sell value
Name : Jugal Kishore Baid PAN No. : AAWPB2065N Address : K-15, Malaviya Marg, C-Scheme, Jaipur - 302001 Dependents :	268672 Equity Shares (2.463%)	30-11-2010	01-12-2010	Bonus Shares	284922 Equity Shares (2.587%)	N.A	N.A	16250 (Allotment of Bonus Shares)	N.A	N.A	N.A
Mukulika Baid (wife)	377800 Equity Shares (3.464%)	30-11-2010	01-12-2010	Bonus Shares	382800 Equity Shares (3.476 %)	N.A	N.A	5000 (Allotment of Bonus Shares)	N.A	N.A	N.A

Jugal Kishore Baid

Jugal Kishore Baid
Director
Poly Medicare Limited

Date : 01-12-2010