


**FORM A**

Securities and Exchange Board of India (Prohibition of Insider Trading) Regulations, 1992

**[Regulation 13 (1) and (6)]****Regulation 13 (1)- details of acquisition of five percent or more shares in a listed Company**

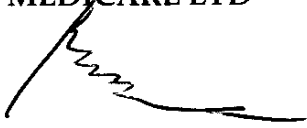
Name and address of shareholder with telephone number	VIVIDH DISTRIBUTORS PVT. LTD. 11/12, Udyog Nagar, S.V.Road, Goregaon (W), Mumbai - 400104 Tel. : 022-67607019
Shareholding prior to acquisition	615800 equity shares (7.65%)
Number and percentage of shares acquired	300 equity shares (0.003%)
Date of acquisition (specify)	05/12/2011
Date of intimation to Company	06/12/2011
Mode of acquisition ( Market purchase/ <del>public/rights/preferential offer</del> etc)	Market Purchase on 05/12/2011
Shareholding subsequent to acquisition	616100 equity shares (7.65%)
Trading member through whom trade was executed with SEBI registration number of the TM.	Magnum Equity Broking Limited SEBI Regn. No. : INB 011123552
Exchange on which the trade was executed	Bombay Stock Exchange
Buy quantity	300 equity shares
Buy value	Rs. 24000.00
For THEMIS MEDICARE LTD  <b>PRAKASH D. NARINGREKAR</b> <b>CFO &amp; COMPANY SECRETARY</b>  <b>DATE : 07.12.2011</b> <b>PLACE: MUMBAI</b>	

**FORM C**

Securities and Exchange Board of India (Prohibition of Insider Trading) Regulations, 1992

**[Regulation 13 (3) and (6)]**

**Regulation 13 (3)- details of change in shareholding in respect of persons holding more than five percent shares in a listed Company**

Name and address of shareholder	VIVIDH DISTRIBUTORS PVT. LTD. 11/12, Udyog Nagar, S.V.Road, Goregaon (W), Mumbai - 400104 Tel. : 022-67607019
Shareholding prior to acquisition/ sale	615800 equity shares (7.65%)
Number and percentage of shares/voting rights acquired/ sold	300 equity shares (0.003%)
Receipt of allotment advise/ acquisition of shares/ sale of shares (specify)	05.12.2011
Date of intimation to Company	06.12.2011
Mode of acquisition on ( Market purchase/ public/ rights/ preferential offer etc)	Market Purchase on 05.12.2011
Number and percentage of shares/voting rights post acquisition/ sale	616100 equity shares (7.65%)
Trading member through whom trade was executed with SEBI registration number of the TM.	Magnum Equity Broking Limited SEBI Regn. No. : INB 011123552
Exchange on which the trade was executed	Bombay Stock Exchange
Buy quantity	300 Equity Shares
Buy value	Rs. 24000.00
Sale quantity	N.A
Sale value	N.A
<b>For THEMIS MEDICARE LTD</b>  <b>PRAKASH D. NARINGREKAR</b> <b>CFO &amp; COMPANY SECRETARY</b>  <b>DATE : 07.12.2011</b> <b>PLACE: MUMBAI</b>	