

24th January, 2017

To

The BSE Limited
Phiroze Jeejeebhoy Towers
Dalal Street, Mumbai-400001

The National Stock Exchange India Limited
Exchange Plaza, Bandra Kurla Complex
Bandra(E), Mumbai-400051

Symbol: SFL

Scrip Code: 838084

Subject: Intimation of Board Meeting

Dear Sir/Madam

Pursuant to the provisions of Regulation 29 of the Securities and Exchange Board of India (Listing obligation and Disclosure Requirements) Regulations, 2015, we hereby intimate that the meeting of the Board of Directors of the Company is scheduled to be held on Friday, 3rd February, 2017 to approve, interalia, the unaudited financial results for the quarter ended on 31st December, 2016.

Kindly take the same on record.

Thanking you,

Yours truly,
For Sheela Foam Limited



Md Iqbal Ahmad
Company Secretary & Compliance Officer

SHEELA FOAM LIMITED

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