

Nestlé India Limited

(CIN : L15202DL1959PLC003786)

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BM: PKR: 55:17

23.10.2017

Your Ref :

Our Ref :

Date :

BSE Limited
Phiroze Jeejeebhoy Towers
Dalal Street, Fort,
Mumbai – 400 001

Scrip Code - 500790

Subject : Press Release titled “Nestlé India celebrates International Chef’s Day to educate adolescents about healthy cooking at home”

Dear Sirs,

We are enclosing a copy of the Press Release dated 23rd October, 2017 titled “**Nestlé India celebrates International Chef’s Day to educate adolescents about healthy cooking at home**” being released.

This is for your information and dissemination.

Thanking you,

Yours truly,
NESTLÉ INDIA LIMITED


B. MURLI
SENIOR VICE PRESIDENT – LEGAL & COMPANY SECRETARY

Encl.: As above

Nestlé House, Gurugram, October 23rd 2017

Nestlé India celebrates International Chef's Day to educate adolescents about healthy cooking at home

As part of our commitment to Nutrition, Health and Wellness, on the occasion of International Chef Day, Nestlé India organized healthy cooking workshops for adolescents from marginalised communities in Mumbai, Delhi, Kolkata and Chennai. As part of these workshops, over 250 adolescents who are part of the Nestlé Healthy Kids Programme interacted with chefs to learn about the benefits of a variety of foods and create healthy recipes, helping turn them into 'Healthy Heroes'.

Nestlé India believes that proper nutrition, adequate physical activity, good dietary habits and an active lifestyle are integral to maintaining good health. The objective of this activity was to encourage adolescents to consume a wider variety of foods by engaging them in the recipe preparation and making it fun and exciting.

Mr. Sanjay Khajuria, Senior Vice President, Corporate Affairs, Nestlé India Ltd. said "For this year's International Chefs Day, the theme is 'Foods for healthy heroes'. With the input from Chefs, education and help, we wanted to use this opportunity to teach adolescents about healthy eating by letting them be creative with food. We believe good nutrition and creating awareness is the cornerstone for health and development. The Nestlé Healthy Kids Programme forms part of our commitment to improve nutrition through the promotion of greater awareness and understanding of balanced diet that needs to be accompanied with an active lifestyle."

Special Events were held in:

- Mumbai on 6th October at Chembur with 70 participants
- Kolkata on 13th October at Dhakindari Sadhna Osudhalay Road with 68 participants
- Chennai on 11th October at Perambur with 70 participants
- Delhi on 16th October at Munirka with 70 participants

At the end of the event, every participant received a certificate with the name of their superhero as well as a personal note from the chef, motivating them to continue to eat healthy.

The Nestlé Healthy Kids Programme has been developed with a focus to provide nutrition awareness to adolescents, encouraging them to lead healthier lives. The programme has been conducted since 2009, and is currently running across 18 states reaching out to over 200,000 adolescents.

For more information:

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