



March 6, 2018

To

The Secretary

Listing Department

The BSE Limited

Phiroze Jeejeebhoy Towers

Dalal Street, Mumbai-400001

BSE Scrip Code: 540203

The Manager,

The National Stock Exchange India Limited

Exchange Plaza, Bandra Kurla Complex

Bandra(E), Mumbai-400051

NSE Symbol: SFL

Subject: Intimation of appointment of Additional Director (Independent) to the Board.

Dear Sir/Madam

In terms of Regulations 30 and other applicable provisions of the SEBI(Listing Obligation and Disclosures Requirements) Regulations, 2015 read with related circulars and notifications, we hereby inform that on the recommendation of Nomination and Remuneration Committee, Lt General (Dr) Vijay Kumar Ahluwalia (DIN 0008078092) has been appointed as an Additional Director (Independent) w.e.f March 5, 2018 to hold office up to the next Annual General Meeting of the Company.

The Brief Profile of Lt General (Dr) Vijay Kumar Ahluwalia:

Lt General (Dr) Vijay Kumar Ahluwalia is ex-army personnel. He has done PhD in Management, M Phil in Defence Studies and MSc in Defence Studies and Management. He has been recipient of prestigious Awards and Honours like Param Vishisht Seva Medal(PSVM), Ati Vishisht Seva Medal(ASVM), Yudh Sewa Medal(YSM), Vishisht Seva Medal(VSM) and National Green Governance Award. He is amongst the highest decorated General Officer of Indian Armed Forces. He has also authored a book on National Security.

We request you to take this intimation on your record.

Thanking you. Yours faithfully,

For Sheela Foam Limited

(Md. Iquebal Ahmad)

Company Secretary and Compliance Officer